



## Smile4life Training Opportunities

Pharmacies supporting patients receiving Opiate Substitution Therapy receive oral health packs containing toothbrush and toothpaste twice annually for distribution to clients (February & August). Pharmacy staff are encouraged to provide brief information on oral health self care and access to dental treatment to clients, using materials provided.

To support this, short 1 hour oral health update sessions can be arranged to equip staff with knowledge and skills to support oral health improvement. Sessions can be delivered to meet the needs of the pharmacy (e.g. within lunch break, releasing a few members of staff).

*"I felt so proud that someone had taken my advice and we got the outcome we had hoped for when we had initiated the intervention. Although she was very scared and afraid with support and encouragement and regular check-ins we were able to ensure she saw course of treatment through. It is nice to see the change in her- may be coincidental but her methadone dosage has also started to reduce!"*

**Quote from community pharmacy who received S4L training**

A range of resources are available to support pharmacies in delivering brief interventions around oral health e.g. leaflets, posters, and dental helpline cards. To access these, additional tooth brushing packs, or for further information regarding training and the S4L programme, please contact:

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