

Formulary for Oral Supplementary Drinks for use with the Oral Nutritional Supplement Guideline and Pathway

First line choice is **Complan Shake**

Complan Shake Starter Pack (one of each flavour) 5 x 57g
Complan Shake Banana 4 x 57g
Complan Shake Chocolate 4 x 57g
Complan Shake Original 4 x 57g
Complan Shake Strawberry 4 x 57g
Complan Shake Vanilla 4 x 57g

Then

Nutricia brand products

Fortisip Range Starter Pack 10 x 200ml (contains Fortisip, Fortijuce and Fortisip Yoghurt Style)
Fortisip 200ml Banana
Fortisip 200ml Chocolate
Fortisip 200ml Neutral
Fortisip 200ml Orange
Fortisip 200ml Strawberry
Fortisip 200ml Toffee
Fortisip 200ml Tropical Fruits
Fortisip 200ml Vanilla
Fortisip Yoghurt Style 200ml Peach-Orange
Fortisip Yoghurt Style 200ml Raspberry
Fortisip Yoghurt Style 200ml Vanilla-Lemon

Only if the patient does not like milk try:

Fortijuice Starter pack 4 x 200ml (variety of flavours)
Fortijuice 200ml Apple
Fortijuice 200ml Blackcurrant
Fortijuice 200ml Forest Fruits
Fortijuice 200ml Lemon
Fortijuice 200ml Orange
Fortijuice 200ml Strawberry
Fortijuice 200ml Tropical

If the patient requires a savoury option:

Aymes Savoury 7 x 57g Chicken
Aymes Savoury 7 x 57g Vegetable
Vitasavoury 10 x 50g Chicken
Vitasavoury 10 x 50g Vegetable

A 2kcal product is not officially on our formulary but if it is required Fortisip 2kcal would be the preference.