

# Pharmacy News

Christmas Edition

December 2019



## Naloxone Provision over the Festive Period

Naloxone is a potentially life-saving medicine when used in opiate overdose. A focus on overdose awareness and Naloxone provision should be undertaken by services at this period of high risk.

Pharmacies currently participating in the Take Home Naloxone Programme should continue to supply, raise awareness of overdose risk and document these in the patient's Care Record in the PCR.

Additional counselling for these patients should be to check the patients or carers awareness

- Of signs and symptoms of suspected overdose e.g pinpoint pupils, breathing problems, blue lips, no response
- Of how and when to administer Naloxone
- Of the need to always call 999
- That Naloxone is short acting and effects will wear off after 20-30 minutes
- Of the importance of staying with the person until help arrives

\*\*\*Remember that Community Pharmacies can now hold emergency Naloxone\*\*\*

Access all the latest information , updates and formulary changes at the Community Pharmacy Forth Valley website by scanning the QR code here or by clicking this link:

<https://pharmacies.nhsforthvalley.com/>



# Ophthalmology

For all prescription queries for the ophthalmology department,  
please contact the nurses station at the eye clinic on

**01324 673842.**

The nurses are available Monday to Friday 9am to 5pm.

This single point of contact should be used for all queries including clarification of handwriting and stock availability issues. If you are aware of a long term stock issue or discontinued items being prescribed, please e-mail

[FV-UHB.communitypharmacysupport@nhs.net](mailto:FV-UHB.communitypharmacysupport@nhs.net) with the details. These can then be passed onto the ophthalmology team.

## Useful Contacts

Department	Festive opening hours	Contact Details
Community Pharmacy Development Team	Closed 25th/26th of December 1st/2nd of January	Email: <a href="mailto:FV-UHB.communitypharmacysupport@nhs.net">FV-UHB.communitypharmacysupport@nhs.net</a>  Phone: 01324 567935
FVRH Pharmacy	25th December 10am –2pm 1st of January 10am –2pm Open normal hours on other days	Phone: 01324 566000
Substance Services	For details of festive opening times please click on the link in the contact details.	<a href="https://guidelines.staffnet.fv.scot.nhs.uk/wp-content/uploads/sites/2/2019/12/Safe-and-Secure.pdf">https://guidelines.staffnet.fv.scot.nhs.uk/wp-content/uploads/sites/2/2019/12/Safe-and-Secure.pdf</a>
Safety & Stabilisation Clinic Queries CADS		Phone:01786 468282
Specials Authorisations	Closed 25th/26th of December 1st/2nd of January	Phone: 01324 567937

# Drug Driving Rules



A new criminal offence of driving with specified controlled drugs in the body above that drugs accepted limit came into force in Scotland on 21 October 2019, details of which can be found here : <https://www.gov.scot/publications/drug-driving-advice-for-healthcare-professionals>)

If you wish to order leaflets and posters to raise awareness you can do so by clicking on this link : <https://www.gov.scot/publications/drug-driving-rules-promotional-material/>

## Attachments circulated with this newsletter:

- Festive Clozapine Arrangements
- CGL Forth Valley Recovery Service Staff Contact Numbers
- Community Pharmacy Services Available By Country of Residence Flyer
- OOH Direct Referrals Flow Chart
- Safe and Secure Storage of Opioid Substitution Therapies (OST) During the Public Holiday Period December 2019 - January 2020—Guidance from Forth Valley Substance Use Services

# Healthy Start

The Healthy Start Scheme was a programme which gave parents vouchers to help with the cost of milk, infant formula and certain foods along with access to vitamin drops for children and tablets for women. In August 2019 this scheme was replaced by the Best Start Scheme which covers the vouchers for milk and formula etc.

(<https://www.mygov.scot/benefits/best-start/>)

Healthy Start vitamins are no longer covered by this scheme and vouchers are no longer being issued. **The pharmacy distribution scheme has now ceased and participating pharmacies will no longer receive a payment for this.**

The vitamins will still be supplied in the following circumstances:

Patient group	Available from
Pregnant women	Midwife via antenatal appointments
Breast fed children under 12 months	Midwife or health visitor
Children between 12 months and 3 years	Health Board reception areas at – Boness Health Centre Meadowbank Health Centre Grangemouth Health Centre Denny Health Centre Bonnybridge Health Centre Stenhousemuir Health Centre Camelon Clinic Orchard House Health Centre Clackmannanshire Community Healthcare Centre

Pharmacies are requested to direct patients to their local distribution points to obtain supplies. If a patient wishes to purchase the Healthy Start vitamins, pharmacies are still able to obtain supplies from their usual wholesalers.

**The Community Pharmacy Development Team would like to thank you all for all your hard work and significant contribution to supporting people in the community over the busy festive period. We wish you all a very Happy Christmas and all the best for 2020.**

