

1 Gastro-intestinal System

1.1 Dyspepsia and Gastro-oesophageal Reflux Disease		Primary Care	Acute/ Specialist Services
Comment: Also refer to Forth Valley Dyspepsia Management Guidelines .			
1.1.1 Aluminium and Magnesium containing antacids			
	Co-magaldrox (Mucogel [®])	✓	✓
	Co-simalcite (Altacite Plus [®])	✓	✓
1.1.2 Other drugs for dyspepsia and GORD			
	Peptac [®] (1 st line) (sodium alginate+calcium carbonate+sodium bicarbonate)	✓	✓
	Gaviscon Advance [®] (2 nd line) (sodium alginate + potassium bicarbonate)	✓	✓
	Infant Gaviscon [®] (magnesium alginate + sodium alginate)	✓	✓
1.2 Antispasmodics and other drugs altering gut motility			
	Mebeverine (not MR preparation) (1 st line)	✓	✓
	Hyoscine Butylbromide (2 nd line)	✓	✓
	Peppermint Oil	✓	✓

1.3 Antisecretory drugs and mucosal protectants		Primary Care	Acute/ Specialist Services
1.3.1 H2-receptor antagonists			
	Ranitidine	✓	✓
1.3.3 Chelates and complexes			
	Sucralfate	⊕	✓
1.3.5 Proton pump inhibitors			
Comment: Also refer to NHS Forth Valley – PPI Prescribing – Step Down in Long Term Use Guidance			
	Omeprazole Capsules (1 st line)	✓	✓
	Lansoprazole Capsules (2 nd line)	✓	✓
	Esomeprazole (3 rd line)	✓	✓
	Esomeprazole (I.V.)		✓
	Pantoprazole (I.V.)		✓

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1.4 Acute diarrhoea		Primary Care	Acute/ Specialist Services
Comment: Prevention of electrolyte depletion and replacement of electrolyte is 1st line treatment in acute diarrhoea. Oral rehydration therapy is listed in section 9.2. Codeine recommended only in short-term use due to CNS side effects and dependence.			
1.4.2 Antimotility drugs			
	Codeine Phosphate	✓	✓
	Loperamide (Note: - High doses may be used in Short Bowel Syndrome patients)	✓	✓
1.5 Chronic Bowel Disorders		Primary Care	Acute/ Specialist Services
1.5.1 Aminosalicylates			
	Balsalazide Sodium	⊕	✓
	Mesalazine (Octasa [®] , Salofalk [®] , Pentasa [®])	⊕	✓
Comment: Oral mesalazine products should be prescribed by brand name only due to differences in bioavailability between different brands.			
	Sulfasalazine	⊕	✓
1.5.2 Corticosteroids			
	Budesonide (Budenofalk [®] , Cortiment [®] , Entocort [®])	⊕	✓
Comment: Note different brands of budesonide have different licensed indications.			
	Prednisolone (Predenema [®] /Predsol [®])	⊕	✓
1.5.3 Drugs affecting the immune response			
	Adalimumab (Imraldi [®])		✓
	Azathioprine	⊕	✓
	Ciclosporin	⊕	✓
	Infliximab (Remsima [®])		✓
	Mercaptopurine	⊕	✓
	Methotrexate	⊕	✓
	Tofacitinib		✓
	Ustekinumab (infusion, S.C.)		✓
	Vedolizumab (infusion, S.C.)		✓
Comment: Biologic therapies can only be prescribed by a consultant gastroenterologist.			

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1.6 Laxatives		Primary Care	Acute/ Specialist Services
1.6.1 Bulk-forming laxatives			
	Ispaghula Husk	✓	✓
1.6.2 Stimulant laxatives			
	Senna (1st line)	✓	✓
	Bisacodyl (2nd line)	✓	✓
	Co-danthramer (terminal care only)	✓	✓
	Glycerol suppositories	✓	✓
Comment: Prolonged use of stimulant laxatives is not recommended.			
1.6.3 Softening laxatives			
	Docusate	✓	✓
1.6.4 Osmotic Laxatives			
	Macrogol 3350 (Laxido [®] , Laxido Paediatric [®])	✓	✓
	Lactulose	✓	✓
Comment: Lactulose may take up to 48 hours to act and is therefore unsuitable for relief of acute symptoms and for "prn" prescribing.			
	Fleet [®] Ready-to-use Enema	✓	✓
	Phosphate enema	✓	✓
	Sodium Citrate Enema (Micolette [®])	✓	✓
1.6.5 Bowel cleansing solutions			
	Moviprep [®]		✓
	Picolax [®]		✓
1.6.7 5HT₄-receptor agonists and guanylate cyclase-C receptor agonists			
	Linacotide (To be prescribed in line with SMC advice)	⊕	✓
	Naloxegol	⊕	✓

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1.7 Preparation for Haemorrhoids		Primary Care	Acute/ Specialist Services
	Anusol [®]	✓	✓
	Anusol HC [®]	✓	✓
	Lidocaine (lignocaine) gel		✓
	Uniroid HC [®]	✓	✓
Comment: Uniroid HC [®] 1 st line if steroid containing preparation with anaesthetic required, but steroid preparations are not 1 st line and should only be used for a few days.			
	Xyloproct [®] Ointment	✓	✓

1.9 Drugs affecting intestinal secretions		Primary Care	Acute/ Specialist Services
1.9.1 Drugs acting on the gall bladder			
	Ursodeoxycholic Acid (1 st line) (preferred formulation 250mg capsules)	⊕	✓
	Obeticholic acid (2 nd line)		✓
1.9.2 Bile acid sequestrants			
	Colestyramine	⊕	✓
1.9.4 Pancreatin			
	Creon [®]	⊕	✓
	Pancrex [®]	⊕	✓
	Pancrex V [®]	⊕	✓

Obesity		Primary Care	Acute/ Specialist Services
	Liraglutide (Saxenda [®])	⊕	✓
	Orlistat	⊕	✓
Comment: Prescribing of Saxenda [®] and orlistat in Primary Care should only be undertaken following an initial assessment and recommendation by the FV Weight Management Service. Patients with BMI>30 with co-morbidities as per SMC restrictions can be referred to the weight management service. Liraglutide should be prescribed as the brand name Saxenda[®] if being prescribed for obesity management. For Saxenda [®] , in order to continue treatment patients must demonstrate at least a 5% weight loss from baseline after 3 months and a 10% weight loss after 12 months. Duration of treatment should be for a maximum of 2 years. For further support patients should be signposted to the Choose to Lose Website			

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