

# 1 Gastro-intestinal System

1.1 Dyspepsia and Gastro-oesophageal Reflux Disease		Primary Care	Acute/ Specialist Services
<b>Comment:</b> Also refer to Forth Valley Dyspepsia Management Guidelines. <a href="https://guidelines.staffnet.fv.scot.nhs.uk/?s=Dyspepsia+Management+Guidelines">https://guidelines.staffnet.fv.scot.nhs.uk/?s=Dyspepsia+Management+Guidelines</a>			
<b>1.1.1 Aluminium and Magnesium containing antacids</b>			
	Co-magaldrox (Mucogel®)	✓	✓
	Co-simalcite (Altacite Plus®)	✓	✓
<b>1.1.2 Other drugs for dyspepsia and GORD</b>			
	Peptac® (1 <sup>st</sup> Line) (sodium alginate+calcium carbonate+sodium bicarbonate)	✓	✓
	Gaviscon Advance® (2 <sup>nd</sup> Line) (sodium alginate + potassium bicarbonate)	✓	✓
	Infant Gaviscon® (magnesium alginate + sodium alginate)	✓	✓
<b>1.2 Antispasmodics and other drugs altering gut motility</b>			
	Mebeverine (not MR preparation) (1 <sup>st</sup> Line)	✓	✓
	Hyoscine Butylbromide (2 <sup>nd</sup> Line)	✓	✓
	Peppermint Oil	✓	✓

1.3 Antisecretory drugs and mucosal protectants		Primary Care	Acute/ Specialist Services
<b>1.3.1 H2-receptor antagonists</b>			
	Ranitidine	✓	✓
<b>1.3.3 Chelates and complexes</b>			
	Sucralfate	⊕	✓
<b>1.3.5 Proton pump inhibitors</b>			
<b>Comment:</b> Also refer to NHS Forth Valley – PPI Prescribing – Step Down in Long Term Use Guidance			
	Omeprazole Capsules (1 <sup>st</sup> Line)	✓	✓
	Lansoprazole Capsules (2 <sup>nd</sup> Line)	✓	✓
	Esomeprazole (3 <sup>rd</sup> Line)	✓	✓
	Esomeprazole (I.V.)		✓
	Pantoprazole (I.V.)		✓

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1.4 Acute diarrhoea		Primary Care	Acute/ Specialist Services
<b>Comment:</b> Prevention of electrolyte depletion and replacement of electrolyte is 1st line treatment in acute diarrhoea. Oral rehydration therapy is listed in section 9.2. Codeine recommended only in short-term use due to CNS side effects and dependence.			
<b>1.4.2 Antimotility drugs</b>			
	Codeine Phosphate	✓	✓
	Loperamide (Note: - High doses may be used in Short Bowel Syndrome patients)	✓	✓
1.5 Chronic Bowel Disorders		Primary Care	Acute/ Specialist Services
<b>1.5.1 Aminosalicylates</b>			
	Balsalazide Sodium	⊕	✓
	Mesalazine (Octasa <sup>®</sup> , Salofalk <sup>®</sup> , Pentasa <sup>®</sup> )	⊕	✓
<b>Comment:</b> Oral mesalazine products should be prescribed by brand name only due to differences in bioavailability between different brands.			
	Sulfasalazine	⊕	✓
<b>1.5.2 Corticosteroids</b>			
	Budesonide (Budenofalk <sup>®</sup> , Cortiment <sup>®</sup> , Entocort <sup>®</sup> )	⊕	✓
<b>Comment:</b> Note different brands of budesonide have different licensed indications.			
	Prednisolone (Predenema <sup>®</sup> /Predsol <sup>®</sup> )	⊕	✓
<b>1.5.3 Drugs affecting the immune response</b>			
	Adalimumab (Imraldi <sup>®</sup> )	⊕	✓
	Azathioprine	⊕	✓
	Ciclosporin	⊕	✓
	Infliximab (Inflectra <sup>®</sup> )		✓
	Mercaptopurine	⊕	✓
	Methotrexate	⊕	✓
	Tofacitinib	⊕	✓
	Ustekinumab (infusion, S.C.)		✓
	Vedolizumab (infusion, S.C.)		✓
<b>Comment:</b> Biologic therapies can only be prescribed by a consultant gastroenterologist.			

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1.6 Laxatives		Primary Care	Acute/ Specialist Services
<b>1.6.1 Bulk-forming laxatives</b>			
	Ispaghula Husk	✓	✓
<b>1.6.2 Stimulant laxatives</b>			
	Senna ( <b>1<sup>st</sup> line</b> )	✓	✓
	Bisacodyl ( <b>2<sup>nd</sup> line</b> )	✓	✓
	Co-danthramer (terminal care only)	✓	✓
	Glycerol suppositories	✓	✓
<b>Comment:</b> Prolonged use of stimulant laxatives is not recommended.			
<b>1.6.3 Softening laxatives</b>			
	Docusate	✓	✓
<b>1.6.4 Osmotic Laxatives</b>			
	Macrogol 3350 (Laxido <sup>®</sup> , Laxido Paediatric <sup>®</sup> )	✓	✓
	Lactulose	✓	✓
<b>Comment:</b> Lactulose may take up to 48 hours to act and is therefore unsuitable for relief of acute symptoms and for "prn" prescribing.			
	Fleet <sup>®</sup> Ready-to-use Enema	✓	✓
	Phosphate enema	✓	✓
	Sodium Citrate Enema (Micolette <sup>®</sup> )	✓	✓
<b>1.6.5 Bowel cleansing solutions</b>			
	Moviprep <sup>®</sup>		✓
	Picolax <sup>®</sup>		✓
<b>1.6.7 5HT<sub>4</sub>-receptor agonists and guanylate cyclase-C receptor agonists</b>			
	Linacotide (To be prescribed in line with SMC advice)	⊕	✓
	Naloxegol	⊕	✓

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1.7 Preparation for Haemorrhoids		Primary Care	Acute/ Specialist Services
	Anusol <sup>®</sup>	✓	✓
	Anusol HC <sup>®</sup>	✓	✓
	Lidocaine (lignocaine) gel		✓
	Uniroid HC <sup>®</sup>	✓	✓
<b>Comment:</b> Uniroid HC <sup>®</sup> 1 <sup>st</sup> line if steroid containing preparation with anaesthetic required, but steroid preparations are not 1 <sup>st</sup> line and should only be used for a few days.			
	Xyloproct <sup>®</sup> Ointment	✓	✓

1.9 Drugs affecting intestinal secretions		Primary Care	Acute/ Specialist Services
<b>1.9.1 Drugs acting on the gall bladder</b>			
	Ursodeoxycholic Acid ( <b>1<sup>st</sup> Line</b> ) (preferred formulation 250mg capsules)	⊕	✓
	Obeticholic acid ( <b>2<sup>nd</sup> Line</b> )		✓
<b>1.9.2 Bile acid sequestrants</b>			
	Colestyramine ( <b>1<sup>st</sup> line</b> )	⊕	✓
	Colestipol ( <b>2<sup>nd</sup> line</b> ) (off-label use)	⊕	✓
<b>1.9.4 Pancreatin</b>			
	Creon <sup>®</sup>	⊕	✓
	Pancrex <sup>®</sup>	⊕	✓
	Pancrex V <sup>®</sup>	⊕	✓

Obesity		Primary Care	Acute/ Specialist Services
	Orlistat	⊕	✓
<b>Comment:</b> Prescribing in Primary Care should only be undertaken following a recommendation by the FV Weight Management Service. Patients with BMI>30 with co-morbidities can be referred to the weight management service. For further support patients should be signposted to the <a href="#">Choose to Lose Website</a>			

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