

Pharmacy News

NHS Forth Valley Stop Smoking Service partnership with community pharmacies

As of the 1st of April 2019, patients who contact the NHS Forth Valley Stop Smoking Service will be signposted to their local community pharmacy to receive NRT. The Stop Smoking Team will post a copy of the minimum dataset to the patient along with a letter explaining that the patient has been assessed by the Stop Smoking Team. The patient should bring both documents to the pharmacy. The information on the minimum dataset will need to be inputted on to the PCR and submitted in the usual way. Patients will not have received any treatment prior to arriving at your pharmacy and should receive the 12 week programme as per the normal smoking cessation protocol.

Old CP2 prescription forms

The old purple CP2 forms are no longer required by pharmacies that have had the Universal Claim Framework (UCF) function on their PMR computer system activated. When using the UCF function it is now only the peach CP3/4 forms that should be used for minor ailments, Pharmacy First and unscheduled care. If any pharmacy has unused CP2 forms please could they contact Central supplies to arrange an uplift so these forms can be redistributed to pharmacies that are not using the UCF functionality yet. This can be done by emailing FV-UHB.orders-suppliesdept@nhs.net, stating their pharmacy name and address. The forms will be collected at the earliest convenience when drivers are visiting nearby GP practices.

Community Pharmacy Scotland Shortages Reporter

It has been brought to our attention that some pharmacies have been redirecting patients to other pharmacies as they have been unable to procure stock at tariff price. As stated in the **medicines shortages in community pharmacy flowchart**, the Community Pharmacy Scotland (CPS) website should be checked for the most up-to date information and any missing products should be reported to CPS through the following link: <http://members.cps.scot/shortage-reporter/>. Reporting the problematic medicines to CPS is the quickest way to influence the tariff price. It should also be noted that it is not acceptable to have patients travelling long distances to obtain their medication nor is asking the GP to switch to other products when their item is available but at higher than the drug tariff price.

Volume 8, No 3 March 2019

Please circulate to all staff

Inside this issue:

Stop Smoking Service partnership with community pharmacies	1
Old CP2 prescription forms	1
CPS Shortages Reporter	1
Foil distribution from IEP community pharmacies	2
Reclassification of Gabapentin and Pregabalin as Schedule 3 CDs	2
Future Training Events	3
Gluten Free Formulary Update	3
New Pharmacy First Extension Turas Learn resource	3
Useful contact details	3

Foil distribution from community pharmacy IEP sites

There has been a recent trial of foil distribution from two injecting equipment provision (IEP) pharmacies in the Stirling area and it has been a great success in both locations. As a result we would like to ensure all our service users have access to foil in their IEP site of choice. The foil is ordered through the FCOM system and comes in strips of five. Multiples of this can be supplied to patients but it is important that this is correctly inputted into the NEO system. The NEO system has additional information and prompts on this topic.

The legal supply of foil requires the engagement of the service user in a conversation around access to treatment. This is facilitated by prompts on the NEO system when recording the discussion. There is a notes section in NEO that we would ask you to use to record these interventions, short brief notes only. Helpful information around this is detailed in the documents below:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/564151/monitoring-legal-provision-foil-heroin-users-horr92.pdf
<https://www.gov.uk/government/publications/circular-0142014-lawful-supply-of-foil>

IEP pharmacies can refer to the service specification detailing standards and requirements:

<https://pharmacies.nhsforthvalley.com/wp-content/uploads/sites/6/2018/10/Final-Service-Spec-V4-Oct-2018-IEP-FV-2012.pdf>

If you have any questions, pharmacies can contact Gillian Baillie-Sharpe, Senior Clinical Pharmacist in Substance Misuse by e-mail (gillian.baillie-sharpe@nhs.net)

Reclassification of Gabapentin and Pregabalin as Schedule 3 CDs

The Home Office has announced changes to the legal classification of Gabapentin and Pregabalin and these two medicines will become Schedule 3 Controlled Drugs on Monday 1st April 2019.

Full CD prescriptions writing requirements are necessary:

- name, form and strength of drug,
- total quantity in words and figures,
- legally acceptable dosage instructions which must include the actual dose to be taken e.g. **ONE or TWO** to be taken when required. (Note: 'as directed' is NOT acceptable but 'ONE as directed' would be as it specifies the dose)
- prescriptions will only be valid for 28 days after the date of issue, rather than the usual 6 months. Prescription owing must be collected within 28 days of the date on the prescription. Any prescriptions received and dispensed by pharmacies before 1st April 2019 but not yet collected by the patient must be dealt with appropriately.
- any instalment prescriptions will require the quantity per instalment as well as the interval between instalments e.g. Dispense 14 capsules weekly

Gabapentin and Pregabalin are no longer eligible to be prescribed on CMS serial prescriptions. Any serial prescriptions issued for Gabapentin and Pregabalin before 1st April 2019 will be cancelled and the items re-added as standard repeat prescriptions. Community Pharmacists are advised to flag any current CMS prescriptions for these drugs with the GP Practice to assist in this process.

The CD status of Gabapentin and Pregabalin will be updated on the GP system before 1st April, ensuring that computer generated prescriptions have the quantity in words and figures.

The Controlled Drugs Accountable Officers' Network Scotland Executive Group have issued a useful frequently asked questions document, available [here](#).

Diary Dates—Future Training Events

Hosted by	Name of event	Date	Venue	Time	PLT	For information or to register:
RPS	Dermatology	Wed 27th March	The Grange Manor	7-9pm	NO	https://rphar.ms/ForthValley27March
NHS Forth Valley Palliative Care Pharmacists*	Palliative Care Study Date	Thurs 23rd May	Strathcarron Hospice	10am-4pm	NO	FV-UHB.communitypharmacy.support@nhs.net
NES	NSAIDs safer care bundle	Thurs 23rd May	The Grange Manor	7-9pm	NO	https://portal.scot.nhs.uk

***Please note: All Palliative Care Pharmacies would be expected to attend the training on Thursday 16th May as per mandatory training set out in the Palliative Care Service Specification**

Update to Forth Valley Gluten Free Formulary

Please note that an updated version (version 9) of the NHS Forth Valley Gluten Free formulary has been circulated and is available on the Community Pharmacy Forth Valley website: <https://pharmacies.nhsforthvalley.com/wp-content/uploads/sites/6/2019/02/Gluten-Free-Product-List.pdf>
Pharmacies are asked to note the following changes:

- Pizza bases have been removed from the authorised list following dietician advice (they are no longer classed as 'staple foods' and can be made using gluten free flour which remains available on prescription).
- Juvella crackers, Warburton's Bran Crackers and Nairn's Porridge Oats have all been discontinued by the manufacturers so have been removed.
- Ener-G xanthan gum has not been available so has been changed to the Innovative Solutions brand.

New Turas Learn Resource: Pharmacy First Extension

NHS Education for Scotland in collaboration with NHS Forth Valley and NHS Lothian have launched a new online Pharmacy First Extension service training package. It is intended to support the implementation of Patient Group Directions (PGDs) relating to skin conditions, skin infections, vaginal thrush, conjunctivitis and shingles. The resource should be used in conjunction with NHS Forth Valley's PGDs and policies. Please note that NHS Forth Valley does not have a PGD that allows community pharmacists to treat shingles.

Access to this resource is provided through Turas Learn [here](#).

Useful Contact Details

Community Pharmacy Services:	Pharmacy Department, Forth Valley Royal Hospital, Larbert, FK5 4WR E-mail: FV-UHB.communitypharmacy.support@nhs.net
Community Pharmacy Development Pharmacist:	Kirstin Cassells Telephone: 01324 567935
IM&T Facilitator:	Suzanne MacCrimmon suzanne.maccrimmon@nhs.net , Telephone: 07920 294443
For specials authorisation:	Telephone: 01324 567937
For primary care prescribing advice:	E-mail: FV-UHB.prescribingsupport@nhs.net
Advice relating to Controlled Drugs:	Kirsty Peacock (Inspection officer for Controlled Drugs) Telephone: 01324 566743