

12 Ear, Nose and Oropharynx

12.1 Drugs acting on the ear		Primary Care	Acute/ Specialist Services
12.1.1 Otitis externa			
	Betamethasone sodium phosphate (Betnesol®)	✓	✓
	Betnesol-N®	✓	✓
	Ciprofloxacin (Cetraxal®)	✓	✓
	Flumetasone 0.02% + clioquinol1%	✓	✓
	Gentamicin	✓	✓
	Gentamicin 0.3% + hydrocortisone 1%	✓	✓
	Prednisolone (Predsol®)	✓	✓
	Predsol-N®	✓	✓
	Triadcortyl-Otic®	✓	✓
12.1.2. Acute Otitis media			
	Ciprofloxacin + dexamethasone ear drops	⊕	✓
Comment: Approved for use in line with SMC restrictions i.e. treatment of acute otitis media in patients with tympanostomy tubes			
12.1.3 Removal of ear wax			
	Olive oil	✓	✓
	Sodium bicarbonate 5%	✓	✓

12.2 Drugs acting on the nose		Primary Care	Acute/ Specialist Services
12.2.1 Drugs used in nasal allergy			
	Beclometasone Dipropionate (1 st line)	✓	✓
	Mometasone Furoate (2 nd line)	✓	✓
	Azelastine Hydrochloride	✓	✓
	Betamethasone sodium phosphate	✓	✓
	Budesonide	✓	✓
	Fluticasone furoate (Avamys®)	✓	✓
	Sodium Cromoglicate	✓	✓
Comment Avamys® is the most cost-effective fluticasone–containing option for prophylaxis and treatment of allergic rhinitis. Flixonase Nasule® 1st line for nasal polyps			
12.2.2 Topical nasal decongestants			
	Ephedrine Hydrochloride (under 12 year olds)	✓	✓
	Ipratropium Bromide (Rinatec®)	✓	✓

Key ✓ Initiate and continue ⊕ Continue where appropriate.

12 Ear, Nose and Oropharynx

	Sodium Chloride 0.9% (for infants)	✓	✓
	Xylometazoline Hydrochloride	✓	✓

Key ✓ Initiate and continue ⊕ Continue where appropriate.

12 Ear, Nose and Oropharynx

12.2.3 Nasal preparations for infection and epistaxis

	Mupirocin (Bactoban Nasal [®])	✓	✓
	Naseptin [®]	✓	✓

12.3 Drugs acting on the oropharynx

Primary
Care

Acute/
Specialist
Services

12.3.1 Drugs for oral ulceration and inflammation

	Benzydamine Hydrochloride	✓	✓
	Choline salicylate dental gel BP	✓	✓
	Hydrocortisone pellets	✓	✓

12.3.2 Oropharyngeal anti-infective drugs

	Nystatin (1 st line)	✓	✓
	Amphotericin	✓	✓
	Miconazole	✓	✓

12.3.3 Lozenges and sprays

	Benzalkonium chloride (Bradosol [®])	✓	✓
--	--	---	---

12.3.4 Mouthwashes, gargles and dentifrices

	Chlorhexidine gluconate	✓	✓
	Povidone-Iodine	✓	✓
	Thymol	✓	✓

12.3.5 Treatment of dry mouth

	AS Saliva Orthana [®]	✓	✓
	Glandosane [®]	✓	✓
	Oralbalance Gel [®]	✓	✓

Comment General Practitioners with special interest (GPSIs) are based in primary care but may prescribe or make recommendations on behalf of Acute Services

Key ✓ Initiate and continue ⊕ Continue where appropriate.