

12 Ear, Nose and Oropharynx

1. Otitis externa		Primary Care	Acute/ Specialist Services
Antibacterials			
Aminoglycosides			
	Gentamicin	✓	✓
	Gentamicin 0.3% with hydrocortisone 1%	✓	✓
Quinolones			
	Ciprofloxacin (Cetraxal®)	✓	✓
Antifungals			
No formulary choices			
Corticosteroids			
	Betamethasone sodium phosphate (Betnesol®)	✓	✓
	Flumetasone 0.02% with clioquinol 1%	✓	✓
	Prednisolone	✓	✓
Corticosteroid combinations with anti-infectives			
	Betamethasone with neomycin (Betnesol-N®)	✓	✓
2. Otitis media		Primary Care	Acute/ Specialist Services
Acute Otitis media			
	Ciprofloxacin with dexamethasone ear drops (Cilodex®)	⊕	✓
Comment: Approved for use in line with SMC restrictions i.e. treatment of acute otitis media in patients with tympanostomy tubes			
3. Removal of earwax		Primary Care	Acute/ Specialist Services
Bicarbonate			
	Sodium bicarbonate 5%	✓	✓
Softening drugs			
	Olive oil	✓	✓
Nose		Primary Care	Acute/ Specialist Services
1.Nasal congestions			
	Ephedrine hydrochloride (0.5%,1%)	✓	✓
	Xylometazoline hydrochloride (0.05%,0.1%)	✓	✓
	Sodium chloride 0.9% nasal drops (for infants)	✓	✓

Key ✓ Initiate and continue ⊕ Continue where appropriate.

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2. Nasal infection		Primary Care	Acute/ Specialist Services
Antibacterials aminoglycosides			
	Chlorhexidine with neomycin (Naseptin®)	✓	✓
Other antibacterials			
	Mupirocin (Bactoban Nasal®)	✓	✓
Corticosteroid combinations with anti-infectives			
	Betamethasone with neomycin (Betnesol-N®)	✓	✓
3. Nasal inflammation, nasal polyps and rhinitis		Primary Care	Acute/ Specialist Services
Antihistamines			
	Azelastine hydrochloride (Rhinolast®)	✓	✓
Antimuscarinics			
	Ipratropium bromide (Rinatec®)	✓	✓
Corticosteroids			
	Beclometasone dipropionate (1 st line)	✓	✓
	Mometasone furoate (2 nd line)	✓	✓
	Betamethasone sodium phosphate	✓	✓
	Budesonide	✓	✓
	Fluticasone furoate (Avamys®)	✓	✓
	Fluticasone propionate nasal drops	⊕	✓
Comment: Avamys® is the most cost-effective fluticasone-containing option for prophylaxis and treatment of allergic rhinitis. Fluticasone nasal drops 1st line for nasal polyps.			
Oropharynx		Primary Care	Acute/ Specialist Services
1.Dry mouth			
Lubricants			
Artificial saliva products			
	AS Saliva Orthana® oral spray	✓	✓
	Biotene Oralbalance® saliva replacement gel	✓	✓
	Glandosane®	✓	✓
2. Oral hygiene		Primary Care	Acute/ Specialist Services
Antiseptics and disinfectants			
	Chlorhexidine gluconate	✓	✓

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2.1 Dental caries		Primary Care	Acute/ Specialist Services
<i>No formulary choices</i>			
3. Oral ulceration and inflammation		Primary Care	Acute/ Specialist Services
Non-steroidal anti-inflammatory drugs			
	Benzydamine hydrochloride	✓	✓
Corticosteroids			
	Hydrocortisone muco-adhesive buccal tablets	✓	✓
Salicylic acid and derivatives			
	Choline salicylate gel	✓	✓
Comment: Should be avoided in children under 16 years of age due to the theoretical risk of Reyes syndrome.			
4. Oropharyngeal bacterial infections		Primary Care	Acute/ Specialist Services
<i>No specific formulary choices</i>			
5. Oropharyngeal fungal infections		Primary Care	Acute/ Specialist Services
Imidazole antifungals			
	Miconazole oral gel (Daktarin [®])	✓	✓
Polyene antifungals			
	Nystatin 100,000 units per ml suspension	✓	✓

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