

Pharmacy News

Smile4life Training Opportunities

Pharmacies supporting patients receiving Opiate Replacement Therapy receive oral health packs containing toothbrush and toothpaste twice annually for distribution to clients (February & August). Pharmacy staff are encouraged to provide brief information on oral health self care and access to dental treatment to clients, using materials provided.



To support this, short 1 hour oral health update sessions can be arranged to equip staff with knowledge and skills to support oral health improvement. Sessions can be delivered to meet the needs of the pharmacy (e.g. within lunch break, releasing a few members of staff).

"I felt so proud that someone had taken my advice and we got the outcome we had hoped for when we had initiated the intervention. Although she was very scared and afraid with support and encouragement and regular check-ins we were able to ensure she saw course of treatment through. It is nice to see the change in her- may be coincidental but her methadone dosage has also started to reduce!"

Excerpt from community pharmacy who received S4L training

A range of resources are available to support pharmacies in delivering brief interventions around oral health e.g. leaflets, posters, and dental helpline cards. To access these, additional tooth brushing packs, or for further information regarding training, please contact:

Judit Bognar

Assistant Admin Support Officer

Email: judit.bognar@nhs.net

Email: FV-UHB.smile4life.nhs.net

Tel: 01786 433 299

Information and resources on Oral Health for substance misuse patients can also be found on the Forth Valley Community Pharmacy Website which is updated regularly by the Smile4life team. Latest updates include [flowcharts for Urgent and Non-urgent referral pathways for patients](#).



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Please Circulate to All Staff

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Pharmacy First—National Evaluation

The community pharmacy development team remind those pharmacies selected to participate in the national evaluation of the Pharmacy First Service that the National Pharmacy First Service is for advice and/or treatment of UTI and Impetigo only and that patient feedback questionnaires should go to these patient groups only. The timescale for distribution of questionnaires is up to and inclusive of the 30th June. Participating pharmacies are also encouraged to feedback their own views via the questionnaire link sent to share mail boxes on 26th April and 21st May—your participation is much appreciated.

New Pharmacy Champions

We would like to introduce to you our three new pharmacy champions, whom some of you may have already met during pharmacy visits. Joining the team are Lorna, Christopher and Hollie. We also welcome back Carole, to the team after a well deserved career break. Our six champions will be aligned to clusters so that each community pharmacy contractor has a point of contact that they know. Further information on cluster alignments will be provided in future Pharmacy News edition once these have been finalised.

lorna Peden— lorna.peden@nhs.net

jenni Allardyce— Jennifer.allardyce@nhs.net

christopher Cameron— Christopher.cameron@nhs.net

pamela Cameron— Pamela.cameron2@nhs.net

hollie Graham— hollie.graham1@nhs.net

carole Smith - carolesmith@nhs.net

Contractors are reminded that they can contact the community pharmacy development team for information, support or queries at: FV-UHB.communitypharmacysupport@nhs.net

NHS Forth Valley Condom Distribution Service and Central Sexual Health Clinics

The NHS Forth Valley Condom Distribution Service is run by the Health Promotion Department and supplies condoms free of charge to a range of NHS, local authority and third sector organisations throughout Forth Valley. We would like to make pharmacy staff aware that they can order condoms via the Condom Distribution Service, which can be given out along with Emergency Hormonal Contraception. Contact Scott Findlay at the Health Promotion HIRS Service if you wish to register to receive condoms. Scottfindlay@nhs.net /Tel: 01786 433867

Staff may also want to signpost clients to the Central Sexual Health Services, where they can access all forms of contraception, as well as testing and treatment for sexually transmitted infections. Sorted on Sex (SOS) clinics are for young people for up to the age of 20 and provide a drop in service. Appointments for the adult services can be made by telephoning 01324 673554 (Monday to Friday 08:30 - 13:00). Full details of the Central Sexual Health clinics including times and locations can be found on the Central Sexual Health website www.centalsexualhealth.org

For further information about the Condom Distribution Service and the Central Sexual Health Services, please contact Johanna Bauer, Health Promotion Officer. Johanna.bauer@nhs.net /Tel: 01786 433287

SMOKING CESSATION PRODUCT CHOICE FOR CPs

As many of you will know the new guidance for smoking cessation was issued in May 2018. The first line product choices issued by Forth Valley Health Board have changed due to National Procurement negotiations. While other options are still available these are the most cost effective treatments. Other 'when required' products should **ONLY** be reserved for patients in which gum or lozenges are not suitable.

Nicotinell 24 Hour Patch

is now first line for everyone except pregnant women who should not use patches for longer than 16hours

Nicotinell Gum or Lozenges

Is now the first line for 'when required' products are needed. Can be used in light smokers as 'safety net'

Click to find the Forth Valley [Stop Smoking Guidance](#)

Community Pharmacy Services

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FV-UHB.communitypharmacysupport@nhs.net

Pharmacy Project Support Manager:

Arlene Turnbull, arlene.turnbull@nhs.net, 01324 673611, fax 01324 673616

Community Pharmacy IM&T Facilitator:

Suzane MacCrimmon, Suzanne.maccrimmon@nhs.net
Telephone: 07920 294 443

For Specials authorisation:

Telephone: 01324 673605

Primary Care Prescribing Advice:

Telephone: 01324 673611 FV-UHB.prescribingsupport@nhs.net

Advice Related to Controlled Drugs:

Kirsty Peacock, Inspection Officer for Controlled Drugs, 01324-566743