

Dementia friendly Pharmacies

Resources available to order

HIRS – Health Improvement Resource Service, NHS Forth Valley, Unit 2 Colquhoun Street, Stirling

To order from HIRS the pharmacy must register using the link below:

<https://nhsforthvalley.com/health-services/health-promotion/resources-and-design/hirs-registration/>

Catalogue Number	Title	Synopsis	Target Groups
MEH 09/L	Coping with Dementia	This book is for you if you care for someone in the middle to late stages of dementia. It aims to help you feel less alone; give you practical advice on coping; help you to find caring more rewarding and less stressful and show you where to go for help an	Carers
MEH 14/L	Younger people with dementia	This booklet is for younger people with dementia - those who are under 65. There is life after a diagnosis of dementia; it might just mean you have to make adjustments.	General Public
MEH 19/L	Living well with dementia	This booklet is for you if you have been told you have dementia. It may help to guide you following your diagnosis. This booklet may also address some of the questions you may have about a diagnosis of dementia.	General Public
MEH 16/L	Are you worried about your memory?	Many people worry about their memory. Sometimes people are afraid that forgetfulness is the start to something else, like dementia. Your memory may be nothing to worry about but this booklet will help you decide if you should visit your doctor.	General Public

For the list above, MEH 16/L would be recommended for self selection in the pharmacy. The other items are larger books and HIRS recommended that only one per pharmacy would be sufficient.

Alzheimer's Scotland –

A small supply of leaflets from Alzheimer's Scotland are included in the pack. These are area specific and can be reordered directly from Alzheimer's Scotland.

Local Groups and events – details of local groups and meetings are available in the Dementia Friendly Pharmacy section of the Forth Valley Pharmacy website - <https://pharmacies.nhsforthvalley.com/>

Dementia, a one stop practical guide by June Andrews is available to buy from bookshops (approx £9.99) and has been recommended by a pharmacist as a good, practical source of information.

Below are a couple of extra links to checklists and information about dementia friendly environments with particular reference to retail areas:

http://www.dementiaaction.org.uk/assets/0000/4336/dementia_friendly_environments_checklist.pdf

https://www.alzheimers.org.uk/info/20116/making_organisations_more_dementia-friendly/473/becoming_a_dementia-friendly_retailer – 54k – 2017-01-04

Alzheimer's society – includes links to business support - <https://www.alzheimers.org.uk>