

Preventing Death from Opiate Overdose

A fatal incident due to an overdose in a neighbouring Health Board might have been prevented by the prompt availability of naloxone in surrounding community pharmacies. The community pharmacies listed below currently stock naloxone (Prenoxad®) and employ staff trained to issue this product under the respective patient group direction (PGD). Please familiarise yourself with these pharmacies in the event that you need to signpost urgent care to one of them.

Community pharmacies in Forth Valley NHS that can issue naloxone inj. under the PGD:

Lloyds Pharmacies: Denny, Laurieston, Grangemouth, Alloa, St Ninian's Stirling, Grahams Road Falkirk and Main Street Stenhousemuir

Boots Pharmacies: High Street Falkirk, Bo'ness, Port Street Stirling and Tullibody

R&J Marshall Pharmacies: Menstrie and Stirling Street Alva

Right Medicine Pharmacies: Cowie and Fallin

Lindsay & Gilmour Pharmacies: Grangemouth, St Ninian's Stirling, The Firs Bannockburn and Sachie (Clackmannan)

Additional Pharmacies providing Naloxone service:

Tesco Falkirk Retail Park, Plean Pharmacy, Superdrug Thistle Centre Stirling, Larbert Pharmacy, Cornton Pharmacy, Pines Pharmacy Denny, Graeme Pharmacy Camelon and Deans Pharmacy Maddiston

If you are interested in issuing Prenoxad® injection under the PGD and have not attended a training session, please register your interest with Anita Dufton @ FV-UHB.FVADP@nhs.net Training dates for this service are set in response to demand. The next scheduled training event is scheduled for the week beginning 21st August—date will be confirmed imminently.

Transfer of Information from Hospital to Community Pharmacy

In the April edition of Pharmacy News we stated:

'From the beginning of May the hospital will be able to send both admission and discharge messages again'.

We are very much aware that this has not yet happened. An initial trial to transfer discharge information was completed successfully with messages being received, however this has not been duplicated at roll out. The HEPMA team are currently working on the problem and we will update you with any progress. In the meantime please ensure you check your NHSmail shared Mailbox daily for any up to date information.

REMINDER

For all community pharmacies taking part in the NSAID Scottish Enhanced Patient Safety Programme:

Final Evaluation & Feedback Session
Grange Manor Hotel
Wednesday 19th July
6.30-8pm

Coffee, tea and sandwiches available

If you have not yet registered for the above event could you please do so at

FV-UHB.communitypharmacysupport@nhs.net

It would also be helpful if you could let us know if you do not plan to attend.

Pharmacies taking part should also submit their final set of data, reflection and PDSA forms.

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Please Circulate to All Staff

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NHSmail Reminder

As stated in the E-mail Communications to Community Pharmacy Standard Operating Procedure which every pharmacy has signed up to, you are required to check the Shared Mailbox for your pharmacy **every day**, Monday – Friday. At least one member of staff within the pharmacy should be able to access the mailbox at any one time – this includes times when the regular pharmacist is on a day off or on holiday. If you require any NHSmail accounts unlocked or additional accounts created to enable you to adhere to the SOP, then please contact your Pharmacy Facilitator on 07920294443.

How to access your Shared Mailbox

- Log into your own NHSmail account at <https://portal.nhs.net>
- On the Outlook Web App navigation bar, click on your name



- A list appears. Click Open another mailbox from the list
- Type cpXXXX (XXXX is your 4 digit NHS contractor code) and press enter/return key on your keyboard or click the magnifier icon, click to select the Shared Mailbox. Another Outlook Web App session opens

Medicine Sick Day Rules

Some community pharmacies may have come across patients using or asking about Medicines Sick Day Rules cards. Sick Day Rules cards were part of an initiative devised by NHS Highland for the Scottish Patient Safety Programme. The initiative has been picked up by other Health Boards and is also promoted within the [Scottish Government Polypharmacy Guidance 2015](#).

Forth Valley Primary Care Pharmacy has supplied all GP practices with Sick Day Rule Cards. GPs and practice nurses can issue these to individual patients once assessed and deemed appropriate.

This initiative is about raising patient awareness of medications that should be temporarily stopped during short illness with the aim of preventing unnecessary hospital admissions due to dehydration and/or acute kidney injury.

The list of medications on the cards is not exhaustive and amongst others includes:

Diuretics - can cause dehydration or make dehydration more likely in an ill patient

ACE inhibitors - angiotension II receptor blockers and NSAIDs: in a dehydrated patient, these medicines may impair kidney function leading to kidney failure

Metformin - dehydration increases the risk of lactic acidosis, a serious and potentially life-threatening side effect of metformin

Community pharmacists may find that provision of one of these cards could support a consultation under the Chronic Medication Service. If you would like a supply of Sick Day Rule cards to support your patients please contact community pharmacy services @ FV-UHB.communitypharmacysupport@nhs.net

Stoma Supplies

Community Pharmacies are reminded that all appliance contractors when issuing stoma products to patients should be supplying the patient with a **sufficient** supply of bags and wipes. Patients can use up to **4 wipes** per pouch so an adequate number of packs should be provided. Packs of wipes are not standardised and come as either 20s or 30s so this should be considered when supplying to patients. These can be ordered from wholesalers when ordering stoma products. "*I don't get enough bags and wipes from the pharmacy*", is one of the most frequent comments received by stoma care nurses at NHS FV from patients.

NES Pharmacy (in collaboration with NICPLD) has developed an e-learning module on stoma care provision. This resource covers the key learning required to provide stoma care in general and in line with expected standards in NHS Scotland. You can register for and complete Lower GI: Stoma Management module via the [NES portal](#) or if your account has been migrated on [Turas Learn](#)

VENALINK

Forth Valley Health Board has recently renewed its contract with Venalink to continue to provide Qube cards and blisters for MDS dispensing. Ordering processes therefore remain the same for the next two years. **Contractors are reminded they should only be ordering these devices from Forth Valley for Forth Valley registered patients.**

Dates for the Diary

There are a number of training events pending, please note these dates for your diary. Where there is a Protected Learning Payment available this is indicated by PLT

Wednesday 19th July 2017—@ Grange Manor—**Scottish Enhanced Services NSAID Quality Improvement programme evaluation**—Evening event—Attendance payment (NOT PLT)

Tuesday 15th August 2017—@ Stirling Community Hospital—**Quality Improvement Roadshow**—Follow up session—Evening event

Thursday 31st August 2017—@ Raploch Community Centre Stirling—**Recovery Oriented System of Care**—Day Event—PLT

Thursday 5th October 2017—@ Carronvale House—**Getting Our Priorities Right**—Day Event PLT

Pharmacy First CPUS code

Could all community pharmacies providing the Pharmacy First service and the Pharmacy First Extension services please ensure you are using the NEW Pharmacy First code for all medication claims made on CPUS .

**Pharmacy First &
Pharmacy First Extension Service
CPUS CODE:
25949**

smile4life



During November and December 2016, the Health Promotion Service conducted evaluation telephone interviews with a sample of Community Pharmacies across Forth Valley. The aim was to gain an understanding of how Smile4life interventions are delivered to ORT patients, within the Community Pharmacy setting, in Forth Valley.

From the evaluation, all pharmacies interviewed were supporting ORT patients by providing them with oral health packs (toothbrush & toothpaste). However, 64% of the pharmacies were only providing oral health packs although advice or support to patients is given when asked.



Best practice was noted in approximately one third of the pharmacies, those pharmacies actively discuss oral health issues with patients and support them to register with and attend dental appointments.

Good practice would also involve recording these interventions on the patients pharmacy care record (PCR).

The NHS FV Smile4life programme can help your pharmacy provide brief interventions to ORT patients. Please contact them if you would like materials (posters/business cards) to signpost patients to dental services or for training on delivering Smile4life interventions.

For further information, please contact: Gail Hutchison, Health Promotion Officer
Email: gailhutchison@nhs.net Email: FV-UHB.smile4life.nhs.net Tel: 01786 433 865

Community Pharmacy Services

Ground Floor , Falkirk Community Hospital, Westburn Avenue, Falkirk, FK1 5QE
FVUHB.communitypharmacysupport@nhs.net

Pharmacy Project Support Manager:

Arlene Turnbull, arlene.turnbull@nhs.net, 01324 673608, fax 01324 673616

Community Pharmacy IM&T Facilitator:

Suzane MacCrimmon, Suzanne.maccrimmon@nhs.net
Gill Inglis, ginglis@nhs.net, Telephone: 07920 294 443

Practitioner Champions:

Pamela Cameron (Pamela.cameron2@nhs.net),
Carole Smith (carolesmith@nhs.net), Jenni Allardyce (Jennifer.allardyce@nhs.net)

For Specials authorisation:

Telephone: 01324 673605

Primary Care Prescribing Advice:

Telephone: 01324 673611 FV-UHB.prescribingsupport@nhs.net

Advice Related to Controlled Drugs:

Kirsty Peacock, Inspection Officer for Controlled Drugs, 01324-566743