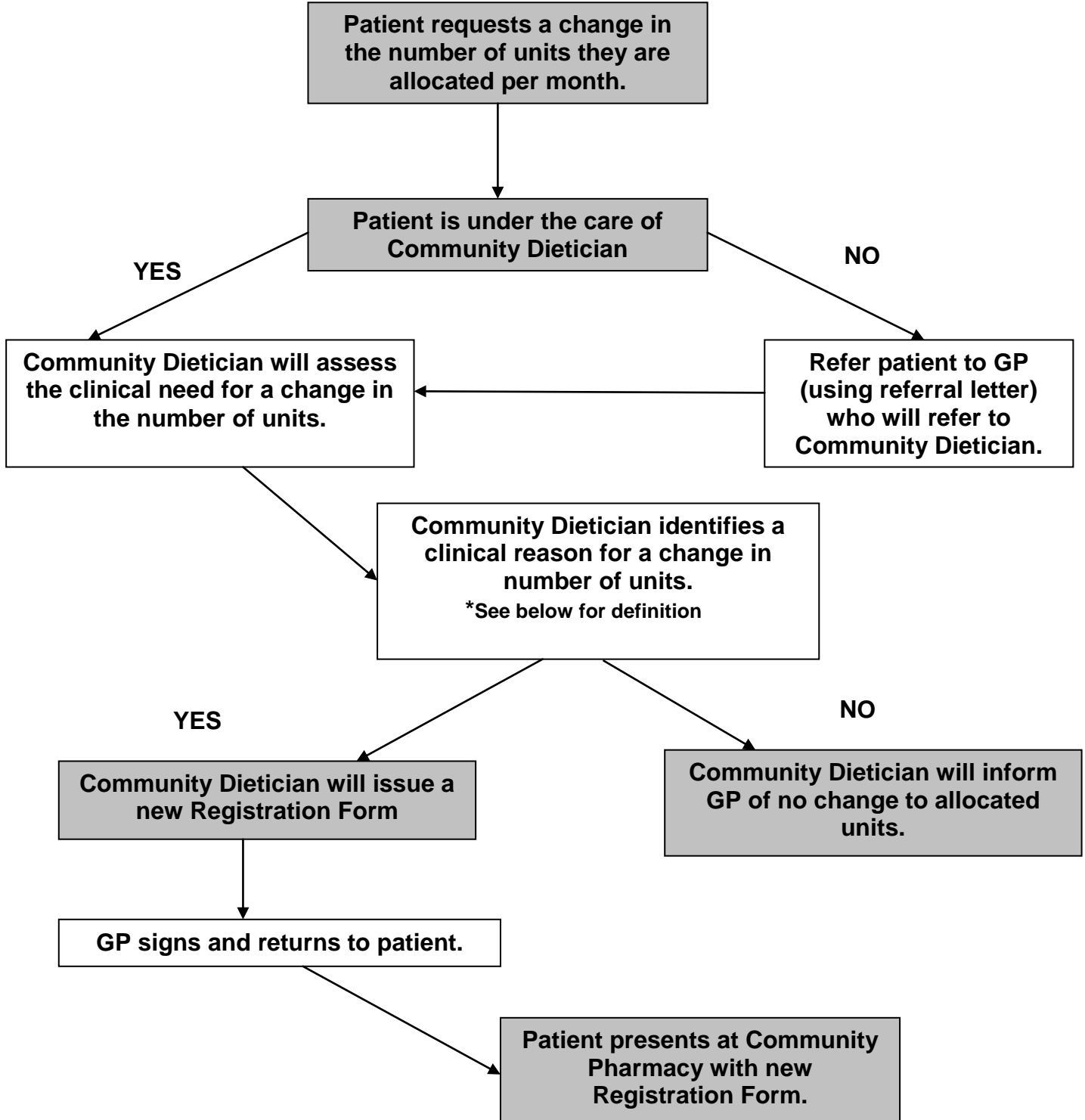


**Process Flowchart**

**NHS FORTH VALLEY GLUTEN FREE FOOD SERVICE FLOWCHART**

This flowchart outlines the NHS Forth Valley process for managing patient requests for a change of units for the Gluten Free Food Service.



\* i.e Patients who have a clinical condition that increases their calorie requirements  
or  
Patients who are underweight and require extra calories to improve their nutritional state.

N.B. No patient should receive more than 4 extra units monthly and should have their requirements reassessed annually by a Dietitian.