

Annual Health Assessment – Pharmacy Care Record Guide

Initial assessment

At the point of registration, or as soon as practical afterwards, the pharmacist/ technician should create or open a PCR and annotate that the patient has registered for the Gluten Free Food Service (GFFS) within the initial assessment page. Use the drop down option to indicate if the patient has confirmed Coeliac Disease or Dermatitis Herpetiformis.

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SHORTCAKE, Sally	Born 11-Nov-1911 (104y) Gender Unknown CHI No. 1111111111
	Patient Details Last Modified On 18-Nov-2015 By GGC2
Address	Phone and email

Named pharmacist responsible for pharmaceutical care plan

Name: Additional Information (e.g. contact details):

Patient profile

General health:

Medical conditions:

Allergies and sensitivities:

Patient factors : Dispositions

Compromised oral route of administration: Yes No Not Applicable Not Recorded

Gluten-free

Diagnosed coeliac (historical) Yes No Not Recorded

Gluten-free diet

Number of units

Dietitian advised

Guideline units					
Child 1-3 years	10	Male 19-59 years	18	Female 19-74 years	14
Child 4-6 years	11	Male 60-74 years	16	Female 75+ years	12
Child 7-10 years	13	Male 75+ years	14	Breastfeeding	+4

You can then complete the initial assessment and save:

Pharmaceutical care plan | High risk medicine assessments | New medicine interventions | Support tools

Patient Profile Show less detail ^

Named Pharmacist Elaine Paton

Additional Information

General Health

Medical Conditions

Allergies and Sensitivities

Diagnosed coeliac (historical) Not Recorded

Gluten-free diet Diagnosed coeliac 14 units

Complex dispensing patient Not Recorded

Click on the Support Tool tab across the top to access the actual assessment and the start support tool assessment, selecting the Gluten Free option from the drop down.

[Print Care Issues](#) [Edit](#)

Pharmaceutical care plan High risk medicine assessments New medicine interventions **Support tools**

Support tool assessments

Type	Number of care issues	Status	Last modified on	Last modified by	Assessment completed on	Assessment completed by
No records to display.						

Smoking cessation assessments

Quit date	Status	MDS	Last recorded contact	Quit attempt in
No records to display.				

[Start support tool assessment](#)

Support tool assessment

Please select the support tool

Gluten-free ▼

Complete each of the four sections of the assessment, either in one or spread over several consultations

Gluten-free assessment: **Concordance** > Interactions & precautions > Adverse effects > Monitoring > Review

Concordance

Is the patient adhering to their gluten-free diet? Yes No

Does the patient understand how to identify foods that may contain gluten? Yes No

Does the patient have information that will support their concordance with a gluten-free diet? Yes No

Coeliac Disease is an autoimmune condition. Ingesting gluten causes the villi of the small intestine to react by flattening. This reduces the absorptive capacity of the intestine.

Actions:

- Check the patient's feelings about how they are managing with their diet.
- Check if the patient is confident that they can identify foods that contain gluten.
- Enquire if the patient is aware of the symptoms caused by eating gluten. There is wide variation in the severity of symptoms; some patients do not experience any symptoms.
- Signpost the patient to Coeliac UK (www.coeliac.org.uk).
- Record any care issues in the patient's care plan and agree desired outcomes and actions.
- Refer to the community dietitian, patient's GP, or as per healthboard guidelines.

[Next - Interactions & precautions](#)

Gluten-free assessment: Concordance > **Interactions & precautions** > Adverse effects > Monitoring > Review

Interactions & precautions

Is the patient prescribed folic acid, iron or calcium and Vitamin D supplements? Yes No

Is the patient aware of how to take these medicines properly, if indicated? Yes No

Health risks associated with non-compliance with a gluten-free diet include osteoporosis, chronic malabsorption, and gut lymphoma.

Actions:

- Provide advice on how to take the medicines properly.
- Record any care issues in the patient's care plan and agree desired outcomes and actions.

[Next - Adverse effects](#)

The patient's height and weight can also be recorded and the calculator used to provide the Body Mass Index (BMI). However, patients may decline this part of the assessment, so tick the not available box. Also, use this part of the assessment to add the date for the next assessment.

Gluten-free assessment > Concordance > Interactions & precautions > Adverse effects > **Monitoring** > Review

Monitoring

Is the patient aware of how many gluten-free units they are able to order each month? Yes No

Gluten-free annual health check not completed in pharmacy

What date is the patient due to receive their gluten-free annual health check at the pharmacy?

Height or weight or both not available

Height (m)

Weight (kg)

BMI

There are national recommendations for the number of monthly gluten-free units; these vary by age and gender. The amount of gluten-free units patients are given should meet their dietary needs.

Patients should be monitored periodically to ensure that they maintain a healthy weight. Some patients may have a blood test at intervals by their general practitioner to ensure that the patient is not showing signs of malabsorption

Actions:

- **Communicate the information gained from the annual health check to the patient's general practitioner.**
- **Record any care issues in the patient's care plan and agree desired outcome and actions.**

Back - Adverse effects Save & Review

The next screen provides a summary of the assessment and allows the pharmacist/technician to add any care issues or actions required.

Gluten-free assessment summary

Concordance		Adverse effects	
Is the patient adhering to their gluten-free diet?	Yes	Is the patient aware of the common symptoms that are caused by not following a gluten-free diet?	No
Does the patient understand how to identify foods that may contain gluten?	No	Does the patient have any symptoms that may suggest that they are consuming foods that contain gluten?	Yes
Does the patient have information that will support their concordance with a gluten-free diet?	Yes	Is the patient aware that adverse effects should be reported?	No

Interactions and precautions		Monitoring	
Is the patient prescribed folic acid, iron or calcium and Vitamin D supplements?	No	Is the patient aware of how many gluten-free units they are able to order each month?	No
Is the patient aware of how to take these medicines properly, if indicated?	Yes	Gluten-free annual health check not completed in pharmacy	No
Use + to add care issues for the specific question.		What date is the patient due to receive their gluten-free annual health check at the pharmacy?	22-Mar-2016
		Height or weight or both not available	No
		Height (m)	1.5
		Weight (kg)	65
		BMI	28.89

Care issues associated with this assessment

Care issue	Earliest review by	Last modified on
No records to display.		

Add

Assessment completion


Assessment complete	Yes
Assessment completed by	1100967
Assessment completed on	22-Mar-2016

[return to Patient Home Page](#)

Follow-Up Assessments

You can use the Reports function to check when any annual health check assessments are due.

Pharmacy: 1560 - Your Local Boots Pharmacy
 User: 1100957 - Christina Reid
 Last login: Tue, Mar 22, 2016 10:54

Pharmacy Care Record 

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Reports

Gluten-free reports

Diagnosed coeliac patients (historical)	[1]
Gluten-free diet set to Yes	[3]
Gluten-free diet set to No	[110]
Gluten-free diet set to Not Recorded	[386]
All gluten-free assessments	[4]
All open gluten-free assessments	[2]
All completed gluten-free assessments	[2]
Annual health check scheduled up to 8 weeks from today	[1]
Annual health check not completed in pharmacy	[1]

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Gluten-free annual health check scheduled up to 8 weeks from today Number of records on report: 1

Patient name	CHI	Date of annual health check	Last modified on	Last modified by	Status
sally shortbread	555555555	22-Mar-2016	22-Mar-2016	1100957	Completed Review

Using this information, access the relevant patient record, click on support tools and use the Start Support Tool Assessment as before.

[Print Care Issues](#) [Edit](#)

Pharmaceutical care plan High risk medicine assessments New medicine interventions **Support tools**

Support tool assessments

Type	Number of care issues	Status	Last modified on	Last modified by	Assessment completed on	Assessment completed by
Gluten-free	0	Completed	22-Mar-2016	1100957	22-Mar-2016	1100957 Review

Smoking cessation assessments

Quit date	Status	MDS	Last recorded contact	Quit attempt in
No records to display.				

Start support tool assessment

You cannot access any previous assessments to update once it has been completed. Any follow up assessments need to be created as if from new.