



# **Pharmacy Services**

# **The Forth Valley Minor Ailments Service Formulary**

**6<sup>th</sup> edition**

**August 2017**

# Contents

<b>Contact numbers</b>	<b>2</b>	<b>Section 5</b>	
<b>Introduction</b>	<b>3</b>	<b>Skin</b>	<b>14</b>
• How to use this formulary		▪ Acne	
• Updates in this edition	<b>5</b>	▪ Eczema/Allergy	
		▪ Boils	
<b>PART 1</b>		<b>Section 6</b>	
<b>Section 1</b>		<b>Eyes</b>	<b>15</b>
<b>Gastrointestinal</b>	<b>6</b>	▪ Tear deficiency	
▪ Indigestion		▪ Conjunctivitis	
▪ Infant Colic		<b>Section 7</b>	
▪ Diarrhoea		<b>Ear</b>	<b>15</b>
▪ Constipation		▪ Removal of Ear Wax	
▪ Haemorrhoids		▪ Otitis externa	
▪ Mouth ulcers		<b>Section 8</b>	
▪ Teething		<b>Wound Management Products</b>	<b>15</b>
▪ Oral Thrush			
<b>Section 2</b>		<b>PART 2</b>	
<b>Respiratory</b>	<b>8</b>	<b>Summary of Preparations</b>	<b>16</b>
▪ Hay Fever		<b>by BNF classification</b>	
▪ Cough and Nasal Congestion		<b>PART 3</b>	
<b>Section 3</b>		<b>Summary of Preparations in</b>	<b>18</b>
<b>Central Nervous System</b>	<b>10</b>	<b>Alphabetical Order</b>	
▪ Pain			
<b>Section 4</b>			
<b>Infections</b>	<b>11</b>		
▪ Fungal infections			
Vaginal Candidiasis			
Athlete's Foot			
▪ Viral infections			
Cold sores			
Warts and verrucae			
▪ Parasitic infections			
Threadworms			
Head lice			
Scabies			
▪ Urinary Tract Disorders			

## Contact numbers

For Queries relating to the Forth Valley Minor Ailments Service Formulary:

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FALKIRK  
FK1 5QE  
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Fax:01324 673616

For General Queries relating to the Minor Ailments Service:

Forth Valley Community Pharmacist Practitioner Champions:

Carole Smith	Well Pharmacy, Alloa	Tel: 01259-218039	Email: <a href="mailto:carolesmith@nhs.net">carolesmith@nhs.net</a>
Pamela Cameron	Tesco Pharmacy Falkirk	Tel: 0131-2892565	Email: <a href="mailto:pamela.cameron2@nhs.net">pamela.cameron2@nhs.net</a>
Jennifer Allardyce	Lloyds Pharmacy Dollar	Tel: 01259 742536	Email: <a href="mailto:jennifer.allardyce@nhs.net">jennifer.allardyce@nhs.net</a>

Practitioner Services National ePharmacy Service Helpdesk:  
Email: [nss.psdhelp@nhs.net](mailto:nss.psdhelp@nhs.net)  
Tel: 0131 275 6600

### For Technical or Hardware Problems

These queries should be directed to your PMR / system supplier helpdesk

Additional general IT Support can be obtained locally from the Forth Valley Community Pharmacy IM&T Facilitator:

Suzanne MacCrimmon      Mobile: : 07920-294443      Email: [suzanne.maccrimmon@nhs.net](mailto:suzanne.maccrimmon@nhs.net)

## Introduction - how to use this formulary

The Minor Ailments Service (MAS) is one of the four essential pharmaceutical care services in the new community pharmacy contract. It provides NHS management of common clinical conditions. In particular, this new service aims to:

- improve access to advice and medicines for common illnesses
- promote care through the community pharmacy setting
- transfer care from GPs and nurses to pharmacists where appropriate, and
- help address health inequalities

Patients are eligible for this service if they are included in exemption categories based on age, hold a current maternity or medical exemption certificate, or are in receipt of one of the identified income-related benefits, are registered with a GP in Scotland and are not resident in a Care Home.

The following groups of medicines from the British National Formulary can be provided:

- P and GSL medicines
- dressings and appliances from Part 2 of the Scottish Drug Tariff
- selected items from Part 3 of the Scottish Drug Tariff – the Scottish Drug Tariff identifies those Part 3 items allowed under MAS with a '✦' symbol in the Tariff). These items are listed in the relevant sections of this Formulary.

No black-listed products may be supplied

**Additionally, several GSL or P medicines or groups of medicines are specifically excluded from MAS.** At the time of writing these are: Nicotine Replacement Therapy products and Emergency Hormonal Contraception.

Locally we would not support the use of terbinafine nail product (Curanail®).

Contractors are advised to monitor up-to-date advice from Community Pharmacy Scotland for any changes to this list.

All of the medicines listed in this edition of the NHS Forth Valley Pharmacy Minor Ailments Service Formulary are GSL or P and the majority are included the Forth Valley Formulary. Appropriate amounts to prescribe are suggested. Two prescription only medicines (POMs) are included (Chloramphenicol Eye Drops and Fluconazole 150mg capsules). These POMs may be provided as part of the service where this is more cost-effective, but you should note that these require Patient Group Directions to be available in the community pharmacy setting, signed off by each pharmacist wishing to operate under the PGD in the individual community pharmacy premises.

You will be able to use this brief formulary most effectively if you do so in conjunction with the Forth Valley Formulary, which is available [online](#) via the 'Forth Valley Formulary' Quicklink on the NHS Forth Valley Community Pharmacy website: <https://pharmacies.nhsforthvalley.com>. The Forth Valley Formulary contains a wealth of local clinical opinion and treatment guidance and can be used to promote consistent care to patients regardless of where they present for treatment. Additional items are included in the Forth Valley Formulary which may be appropriate for the treatment of minor ailments in the pharmacy.

This Formulary supports your right to use your professional judgement to determine what is clinically most appropriate for your patients and recognises your responsibility for that decision.

We are confident that the medicines in this Formulary will meet the need of the majority of patients under the Minor Ailments Service. However, you can request that alternative or new medicines are considered or for minor ailments to have a formulary choice added. The Formulary is managed by the New Drugs Sub-group, a sub-committee of the Area Drug and Therapeutics Committee.

Supplies made as part of the Minor Ailments Service will be monitored by the NHS Forth Valley Prescribing Support Team to assess levels of compliance with this Formulary. Data from this monitoring will be provided to contractors on a regular basis.

Homeopathic medicines have **not** been included in this formulary. Some products are prescribable on the Minor Ailments Service, however they must be licensed GSL or P medicines and be listed in the Chemist and Druggist Pricelist as such, and not blacklisted. They should only be prescribed if it is considered that this would benefit the patient and the Pharmacist has undertaken the appropriate training and are competent in the use of homeopathic medicines before prescribing.

## **MAS Pricing Guide and Pricing Rules**

The recent addition of Part 7B to the Scottish Drug Tariff (SDT), resolves previous issues with pricing and payment of certain items prescribed by generic name as previously highlighted by Community Pharmacy Scotland (CPS) in their 'MAS Pricing Guide and Rules' (Part B) produced in September 2007. Following this amendment by NSS Practitioner Services, pharmacy contractors should be paid correctly for the items when prescribed by generic name.

### **General advice to ensure correct payment under MAS is:**

- Prescribe by generic name
- Ensure you have dispensed and endorsed the OTC Packsize (as listed in this Formulary – this matches the Packsize in SDT Part 7B where an entry exists)
- Where a product requires to be prescribed by brand name, this has been indicated in the Formulary. The only product currently affected is Clotrimazole Vaginal Tabs 500mg. Currently these should still be supplied as a non-blacklisted proprietary product, prescribed by brand name.

Contractors are advised to monitor up-to-date advice from CPS on this issue.  
<http://www.communitypharmacyscotland.org.uk/>

## Updates in this edition of the FV MAS Formulary

Deleted Product	Replacement Product or New Addition	Rationale
Cetirizine oral solution 5mg/5ml	Cetirizine SF oral solution 5mg/5ml	Sugar free Part 7 product
	Loratadine 5mg/5ml oral solution	
Bonjela <sup>®</sup> Junior Gel	Bonjela <sup>®</sup> Teething Gel	Appropriate version for teething
	Ibuprofen SF suspension 100mg/5ml – addition of 100ml pack size	Both 100ml and 150ml packs are available
	Ibuprofen gel 5%	Increase choice
	Malathion/dimeticone – quantity changed to 2x50ml	Two applications of at least 50ml are required for a complete treatment
<i>Effercitrate</i> <sup>®</sup> effervescent tablets	Potassium Citrate sachets ( <i>Cystopurin</i> <sup>®</sup> )	More widely available product.
	<i>Doublebase</i> <sup>®</sup> shower gel 200ml	Gives shower alternative
<i>Sudocrem</i> <sup>®</sup> and <i>Metanium</i> <sup>®</sup>	<i>Conotrane</i> <sup>®</sup> cream 100g/500g	Cost effective alternative
Calamine lotion and Calamine aqueous cream		No evidence of clinical effectiveness. For treatment of chickenpox BMJ Best Practice suggests standard emollients in addition to antihistamine and paracetamol. Suitable choices of formulary emollient would be <i>Zerobase</i> <sup>®</sup> or <i>ZeroCream</i> <sup>®</sup> in a quantity of 50g or 2x50g as required
	<i>Polytar</i> <sup>®</sup> Scalp shampoo 150ml	Product available again
	Hypromellose 0.3% 10ml specify brand as <i>Lumecare</i> <sup>®</sup>	Most cost effective brand (medical device listed in SDT Part 3)
<i>Cerumol</i> <sup>®</sup> Ear Drops	Olive Oil Ear drops	Cost effective product and removes possible peanut allergy risk
<i>EarCalm</i> <sup>®</sup>	Add to formulary	Only OTC option for mild otitis externa
	Melolin <sup>®</sup> , Micropore <sup>®</sup> , Mepore and Elasticated Tubular Bandage	Addition of basic wound management products

Contact details for Community Pharmacy Practitioner Champions have been updated, along with minor updates to the introduction.

Note to avoid ibuprofen in chickenpox added.

Addition of a new section (Part 3) with alphabetical listing of formulary items.

# PART 1

## Section 1 Gastrointestinal

### Indigestion (including dyspepsia and gastro-oesophageal reflux disease)

Co-magaldrox SF Suspension 195/220/5 ( <i>Mucogel</i> <sup>®</sup> – first choice, or <i>Maalox</i> <sup>®</sup> )	500ml
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Compound alginic acid preparations

<i>Peptac</i> <sup>®</sup> Liquid	500ml
<i>Gaviscon Advance</i> <sup>®</sup> Tablets	60

H2 Receptor Antagonists

Ranitidine 75mg Tablets	6, 12
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### Infant Colic

Simeticone liquid 40 mg/ml	50 ml
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### Diarrhoea

In adults and children over 12 years. Maximum strength 2mg, maximum dose 4mg and maximum daily dose 16mg.

Loperamide 2mg Capsules	8, 12
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Oral rehydration sachets

Prevention and treatment of electrolyte depletion is the first line treatment in acute diarrhoea.

Oral Rehydration Salts (Sachets)	6, 20
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### Constipation

Bulk forming laxatives

Ensure adequate fluid intake. Not to be taken immediately before going to bed.

Ispaghula Husk 3.5G	30
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## Stimulant laxatives

Glycerin 1g Suppositories (Infant)	12
Glycerin 2g Suppositories (Child)	12
Glycerin 4g Suppositories (Adult)	12
Senna syrup 7.5mg/5ml	100ml
Senna Tabs 7.5mg	30

## Osmotic laxatives

Lactulose Solution	300ml
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## Haemorrhoids

### Soothing haemorrhoidal preparations

<i>Anusol</i> <sup>®</sup> Cream	23g
<i>Anusol</i> <sup>®</sup> Ointment	25g
<i>Anusol</i> <sup>®</sup> Suppositories	12

### Compound haemorrhoidal preparations with corticosteroids

#### Adults over 18 years of age

<i>Anusol Plus</i> <sup>®</sup> HC Ointment	15g
<i>Anusol Plus</i> <sup>®</sup> HC Suppositories	12

## Mouth Ulcers

### Drugs for oral ulceration and inflammation

Benzydamine 0.15% Oral Rinse	300ml
Benzydamine 0.15% Spray	30ml
Chlorhexidine gluconate 0.2% Mouthwash	300ml
Choline Salicylate Dental Gel BP ( <i>Bonjela</i> <sup>®</sup> ) <b>NB: Not suitable for children under 16 years of age</b>	15g
Hydrocortisone 2.5mg muco-adhesive buccal tablets	20

## Teething

Lidocaine Teething Gel (eg <i>Bonjela</i> <sup>®</sup> Teething, <i>Calgel Teething Gel</i> <sup>®</sup> prescribed by non-blacklisted brand name)	10g
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## Oral Thrush

### Oropharyngeal Anti-Infective Drugs

Miconazole Oral Gel	15g
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## Section 2 Respiratory

### Hay Fever

#### Antihistamines

Cetirizine 10mg Tablets	30
Cetirizine SF oral solution 5mg/5ml (licensed from 2 years)	200ml
Loratadine 10mg Tablets	7
Loratadine 5mg/5ml Syrup (prescribe by generic name. Ensure OTC product is dispensed and labelled to ensure payment)	100ml

Drowsiness may affect performance of skilled tasks (e.g. driving); sedating effects enhanced by alcohol.

Chlorphenamine 4mg Tablets	30
Chlorphenamine Syrup 2mg/5ml	150ml

#### Other anti-inflammatory preparations

Sodium Cromoglicate 2% Eye Drops	5ml/10ml
Antazoline 0.5%/Xylometazoline 0.05% Eye Drops ( <i>Otrivine Antistin</i> <sup>®</sup> ) (Avoid in angle-closure glaucoma)	10ml

#### Steroid Nasal Spray

Beclometasone Nasal Spray	100,180 doses
Fluticasone Nasal Spray (2 <sup>nd</sup> line)	60 doses

### Cough and Nasal Congestion

#### Aromatic Inhalations

Menthol Crystals	5g
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#### Expectorants and demulcent cough preparations

Simple SF Linctus	200ml
Simple Paediatric SF Linctus	Dispense up to 200ml

There is little evidence to support the use of cough suppressants. For persistent cough lasting 4 to 6 weeks, the underlying cause should be established.

### Systemic Nasal Decongestants

Pseudoephedrine 30mg/5ml Oral Solution	100ml
Pseudoephedrine 60mg Tablets	12

### Topical Nasal decongestants

Xylometazoline 0.1% Nasal Drops (Adults and children over 12 yrs)	10ml
Xylometazoline 0.1% Nasal Spray (Adults and children over 12 yrs)	10ml
Xylometazoline 0.05% Paediatric Nasal Drops (age 2yrs and over)	10ml
Sodium Chloride Nasal Drops 0.9%	10ml

## Section 3 Central Nervous System

### Pain

Non-opioid analgesics

Paracetamol 500mg Tablets	32
Paracetamol SF 120mg/5ml Suspension	100ml, 200ml
Paracetamol SF 250mg/5ml Suspension	100ml, 200ml

Non-steroidal anti-inflammatory drugs

Ibuprofen 200mg Tablets	24
Ibuprofen 400mg Tablets	24
Ibuprofen SF Suspension 100mg/5ml	100ml, 150ml

**NB: Avoid Ibuprofen in chickenpox**

Weak opioids: second-line after paracetamol

Co-Codamol 8/500 Tablets (2nd line agent after paracetamol)	32
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Topical Antirheumatics

<i>Algesal</i> <sup>®</sup>	50g, 100g
Ibuprofen 5% gel	50g,100g

## Section 4 Infections

### Fungal Infections

- **Vaginal Candidiasis**

Canesten Pessary 500mg (ensure 'P' version supplied and labelled by brand name)	1
Clotrimazole 1% Cream	20g
Clotrimazole Vaginal Cream 10%	5g
Fluconazole 150mg Capsules (PGD exists to allow use of POM pack)	1

- **Athlete's Foot**

Clotrimazole 1% Cream	20g
Miconazole 2% Cream	30g
Miconazole Spray Powder ( <i>Daktarin</i> <sup>®</sup> <b>Aktiv Spray Powder</b> )	100g
Terbinafine Cream	7.5g

### Viral Infections

- **Cold Sores**

Aciclovir 5% Cream	2g
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- **Warts and Verrucae**

Preparations for warts and calluses

<i>Salactol</i> <sup>®</sup> Paint	10ml
<i>Occlusal</i> <sup>®</sup> Application	10ml
<i>Salatac</i> <sup>®</sup> Gel	8g

### Parasitic Infections

- **Threadworms**

All family members should be treated at the same time, even if they have no symptoms, to prevent reinfection. Mebendazole is not suitable for children under 2 years of age and pregnant women.

Mebendazole Tablets 100mg	1, 2
Mebendazole Tablets 100mg (Family Pack)	4, 8

- **Head Lice**

The Forth Valley guidelines on the treatment of head lice should be consulted before prescribing (<http://tinyurl.com/fvmasinfor-new>).

Insecticide treatment should never be used as a preventive measure and every effort should be made to discourage unnecessary or inappropriate treatment with insecticides. Insecticidal lotions should only be used when a living, moving louse (black, sesame seed size, not white nit cases) has been found on the head. **A complete treatment of two applications 7 days apart should always be used.** It is not necessary to treat the whole family - only contacts with evidence of infection require treatment.

The products recommended for treatment have proven efficacy – shampoos, mousse, electronic combs/zappers and tea tree oil products do not and use of these should not be encouraged or supported.

Ensure that you have effective detection combs available for purchase by the patient/client, (these will have rigid teeth set not more than 0.3mm apart).

The Head Lice Policy advises that all prescriptions should be supplied with:

- An NHS Forth Valley Head Lice leaflet;
- A Forth Valley Frequently Asked Questions leaflet;
- A discussion with the patient/carer on combing technique;
- A reminder on the importance of contact tracing.

Do not assume that “reinfections” or “treatment failures” are truly infections. Avoid recommending retreatment without first of all establishing that living, moving lice are still present after two applications of lotion seven days apart and after a full professional assessment as to the ways in which the patient may not have complied carefully with the first attempt.

‘Wet combing’ techniques claim to prevent or control head lice and their effectiveness in the community has been supported by recent authoritative scientific research. They may have a place for individual families if, for example, they are not prepared to use an insecticidal preparation or if they are prepared to spend the time using this approach. It is possible to prescribe bug busting kits.

A structured MOSAIC approach where patients/clients are recommended alternating therapies has been approved throughout Forth Valley.

**The current recommendation within the Head Lice policy is :**

**1<sup>st</sup> choice: Malathion 0.5% Liquid, 2<sup>nd</sup> choice: Hedrin<sup>®</sup> Lotion .**

**A minimum of 50mls is needed for a single application.**

Malathion 0.5% Liquid ( <i>Derbac M<sup>®</sup></i> )(aqueous)	2x50ml, 200ml
Dimeticone 4% Lotion ( <i>Hedrin<sup>®</sup></i> )	2x50ml, 150ml
Bug Buster headlice detection and eradication kit	1

- **Scabies**

**A second treatment should always be administered after 7 days. All members** of the household and close contacts should be treated simultaneously.

Permethrin ( <i>Lyclear<sup>®</sup> Dermal Cream</i> )	30g
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### Urinary Tract Disorders

Sodium Citrate Sachets ( <i>Cymalon<sup>®</sup></i> ) (for patients on potassium sparing medication eg ACE inhibitors, spironolactone)	6
Potassium Citrate Sachets ( <i>Cystopurin<sup>®</sup></i> )	6

## Section 5 Skin

### Acne

Topical Preparations for acne

Benoxyl Peroxide 5% Gel (Acnecide <sup>®</sup> )	30g
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### Eczema/Allergy

Emollients

Ultrabase <sup>®</sup> Cream	50g, 500g
Zerobase <sup>®</sup> Cream	50g, 500g
Doublebase <sup>®</sup> Gel	100g, 500g
Zeroderm <sup>®</sup> ointment	125g, 500g
Zerocream <sup>®</sup> cream	50g, 500g

Emollient Bath Additives

Oilatum <sup>®</sup> Emollient	250ml, 500ml
Balneum Plus <sup>®</sup> (2 <sup>nd</sup> line)	500ml
Doublebase <sup>®</sup> Shower Gel	200g

Barrier Preparations

Conotrane <sup>®</sup> Cream	100g, 500g
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Topical local anaesthetics and antipruritics

Crotamiton (Eurax <sup>®</sup> ) Cream	30g, 100g
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Topical corticosteroids

Hydrocortisone 1% Cream	15g
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Shampoos and scalp preparations

Polytar <sup>®</sup> Scalp Shampoo	150ml
Neutrogena T/Gel <sup>®</sup> Therapeutic shampoo	125ml
Capasa <sup>®</sup> Shampoo	250ml
Ketoconazole Shampoo	60ml, 100ml

### Preparations for Boils

Magnesium Sulphate Paste	25g, 50g
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## Section 6 Eyes

Tear deficiency, ocular lubricants and astringents

Hypromellose 0.3% Eye Drops (Prescribe by brand name as <i>Lumecare</i> <sup>®</sup> )	10ml
Liquid Paraffin Eye Ointment ( <i>Lacri-Lube</i> <sup>®</sup> )	3.5g, 5g
Carbomer 980 eye drops 0.2% ( <i>Viscotears</i> <sup>®</sup> )	10g

- **Conjunctivitis**

For the topical treatment of acute bacterial conjunctivitis in adults, the elderly and children aged two years and over

Antibacterials

Chloramphenicol Eye Drops 0.5% (PGD exists to allow use of POM pack)	10ml
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## Section 7 Ear

Removal of Ear Wax

Sodium Bicarbonate Ear Drops 5%	10ml
Olive Oil Ear Drops (dispense product which includes dropper e.g. Care product)	10ml

Otitis Externa

<i>EarCalm</i> <sup>®</sup>	5ml
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## Section 8 Wound Management Products

Melolin <sup>®</sup>
Micropore <sup>®</sup>
Mepore <sup>®</sup>
Elasticated Tubular Bandage



# PART 2

## Summary of Preparations by BNF Classification

### 1.1 Antacids

- Co-magaldrox SF (*Maalox*<sup>®</sup>, *Mucogel*<sup>®</sup>) 195/220 Suspension (500 ml)
- Compound alginic acid preparations  
*Peptac*<sup>®</sup> Liquid (500ml)  
*Gaviscon Advance*<sup>®</sup> Tablets (60)
- Simeticone liquid 40 mg/ml (50 ml)

### 1.3 Antisecretory Drugs

- Ranitidine tablets 75mg (6, 12)

### 1.4 Antimotility drugs

- Loperamide capsules 2 mg (8, 12)

#### 1.6.1 Bulk forming laxatives

- Ispaghula Husk 3.4g/3.5 g sachet (30)

#### 1.6.2 Stimulant laxatives

- Glycerin 1g Supps (Infant) (12)
- Glycerin 2g Supps (Child) (12)
- Glycerin 4g Supps (Adult) (12)
- Senna tablets 7.5 mg (30)
- Senna syrup 7.5mg/5ml (100ml)

#### 1.6.4 Osmotic laxatives

- Lactulose solution (300 ml)

#### 1.7.1 Soothing haemorrhoidal preparations

- *Anusol*<sup>®</sup> Cream (23 g)
- *Anusol*<sup>®</sup> Ointment (25 g)
- *Anusol*<sup>®</sup> Suppositories (12)

#### 1.7.2 Compound haemorrhoidal preparations with corticosteroids

- *Anusol Plus HC*<sup>®</sup> Ointment (15 g)
- *Anusol Plus HC*<sup>®</sup> Suppositories (12)

#### 3.4.1 Antihistamines

- Cetirizine tablets 10 mg (30)
- Cetirizine SF oral solution 5 mg/5 ml (200 ml)
- Loratadine 10mg Tablets (7)
- Loratadine 5mg/5ml syrup (100ml)
- Chlorphenamine tablets 4 mg (30)
- Chlorphenamine syrup 2 mg/5 ml (150 ml)

### 3.8 Aromatic Inhalations

- Menthol Crystals (5 g)

### 3.9 Cough Preparations

- Simple SF Linctus (200ml)
- Simple Paediatric SF Linctus (up to 200ml)

### 3.10 Systemic Nasal Decongestants

- Pseudoephedrine 30mg/5ml Oral Solution (100ml)
- Pseudoephedrine 60mg Tablets (12)

### 4.7 Analgesics

#### Non-opioid analgesics

- Paracetamol tablets 500mg (32)
- Paracetamol oral suspension SF 120mg/5mL (100 ml, 200ml)
- Paracetamol oral suspension SF 250mg/5mL (100 ml, 200ml)

#### Weak opioids

- Co-codamol 8/500 tablets (32)

### 5.2 Antifungal Drugs

- Fluconazole 150mg Capsules (1) - for vaginal candidiasis only)

#### 5.5.1 Drugs for Threadworms

- Mebendazole tablets 100 mg (1, 2)
- Mebendazole tablets 100 mg (*Family Pack*) (4, 8)

#### 7.2.2 Vaginal and vulval infections

- *Canesten*<sup>®</sup> Pessary 500mg ('P' version) (1)
- Clotrimazole cream 1% (20 g)
- Clotrimazole vaginal cream 10% (5 g)

#### 7.4.3 Drugs used in urological pain

- Potassium Citrate Sachets (*Cystopurin*<sup>®</sup>) (6)
- Sodium Citrate Sachets (*Cymalon*<sup>®</sup>) (6)

#### 9.2.1.2 Oral rehydration therapy

- Oral Rehydration Salts (6, 20 sachets)

#### 10.1.1 Non-steroidal anti-inflammatory drugs

- Ibuprofen tablets 200 mg (24)
- Ibuprofen tablets 400 mg (24)
- Ibuprofen SF suspension 100 mg/5 ml (100ml, 150 ml)

#### 10.3.2 Rubefaciants and topical NSAIDs

- *Algesal*<sup>®</sup> (50g, 100g)
- Ibuprofen gel 5% (50g, 100g)

#### 11.3.1 Antibacterials

- Chloramphenicol eye drops 0.5% (10ml)

#### 11.4.2 Other anti-inflammatory preparations

- Sodium cromoglicate eye drops 2% (5ml/10 ml)

- Antazoline 0.5%/Xylometazoline 0.05% Eye Drops (*Otrivine Antistin*<sup>®</sup>) (10ml)

### 11.8.1 Tear deficiency, ocular lubricants and astringents

- Hypromellose eye drops 0.3% (prescribe as *Lumecare*<sup>®</sup> brand) (10 ml)
- Liquid Paraffin Eye Ointment (*Lacri-Lube*<sup>®</sup>) (3.5g / 5g)
- Carbomer 980 (*Viscotears*<sup>®</sup>) eye drops 0.2% (10g)

### 12.1.1 Otitis Externa

- *EarCalm*<sup>®</sup> spray ( 5ml)

### 12.1.3 Removal of Ear wax

- Sodium bicarbonate ear drops 5% (10ml)
- Olive Oil Ear Drops (10ml)

### 12.2.1 Nasal Allergy

- Beclometasone Nasal Spray (100, 180 doses)
- Fluticasone Nasal Spray (2nd line) (60 doses)

### 12.2.2 Topical Nasal decongestants

- Xylometazoline nasal drops 0.1% (10 ml)
- Xylometazoline nasal spray 0.1% (10 ml)
- Xylometazoline 0.05% Paediatric Nasal Drops (10ml)
- Sodium Chloride Nasal Drops 0.9% (10ml)

### 12.3.1 Drugs for oral ulceration and inflammation

- Benzylamine oral rinse 0.15% (300 ml)
- Benzylamine spray 0.15% (30 ml)
- Chlorhexidine mouthwash 0.2% (300 ml)
- Choline Salicylate Dental Gel BP (*Bonjela*<sup>®</sup>) (15g)
- Lidocaine Teething Gel (eg *Bonjela*<sup>®</sup> *Teething*, *Calgel Teething Gel*<sup>®</sup> prescribed by non-blacklisted brand name) (10g)
- Hydrocortisone 2.5mg muco-adhesive buccal tablets (20)

### 12.3.3 Oropharyngeal Anti-Infective Drugs

- Miconazole oral gel 24 mg/ml (15 g)

### 13.2 Emollient and barrier preparations

- *Ultrabase*<sup>®</sup> cream (50g, 500g)
- *Zerobase*<sup>®</sup> cream (50g, 500g)
- *Doublebase*<sup>®</sup> gel (100g, 500g)
- *Zeroderm*<sup>®</sup> ointment (125g, 500g)
- *Zerocream*<sup>®</sup> cream (50g, 500g)

### 13.2.1.1 Emollient Bath Additives

- *Oilatum*<sup>®</sup> Emollient (250 ml, 500 ml)
- *Balneum Plus*<sup>®</sup> (500 ml)

- *Doublebase*<sup>®</sup> Emollient Shower Gel (200ml)

### 13.2.2 Barrier Preparations

- *Conotrane*<sup>®</sup> Cream (100g, 500g)

### 13.3 Topical local anaesthetics and antipruritics

- Crotamiton (*Eurax*<sup>®</sup>) Cream (30g, 100g)

### 13.4 Topical corticosteroids

- Hydrocortisone cream 1% (15 g)

### 13.6.1 Topical Preparations for acne

- Benzoyl peroxide gel 5% (endorse as *Acnecide*<sup>®</sup>) (30g)

### 13.7 Preparations for warts and calluses

- *Salactol*<sup>®</sup> Paint (10ml)
- *Occlusal*<sup>®</sup> Application (10 ml)
- *Salatac*<sup>®</sup> gel (8g)

### 13.9 Shampoos and scalp preparations

- Neutrogena T/Gel<sup>®</sup> Therapeutic shampoo (125ml)
- *Polytar*<sup>®</sup> Scalp Shampoo (150ml)
- *Capasal*<sup>®</sup> shampoo (250 ml)
- Ketoconazole shampoo 2% (60ml, 100 ml)

### 13.10.2 Antifungal preparations

- Clotrimazole cream 1% (20 g)
- Miconazole cream 2% (30g)
- Miconazole Spray Powder (*Daktarin*<sup>®</sup> Aktiv Spray Powder) (100g)
- Terbinafine Cream (7.5 g)

### 13.10.3 Antiviral preparations

- Aciclovir cream 5% (2g)

### 13.10.4 Parasitocidal Preparations

- Malathion aqueous liquid 0.5% (50 ml, 200 ml)
- Dimeticone 4% Lotion (*Hedrin*<sup>®</sup>) (50ml, 150ml)
- Permethrin dermal cream 5% (30 g)

### 13.10.5 Preparations for minor cuts and abrasions/boils

- Magnesium Sulphate Paste (25g,50g)

### Devices for Headlice Allowable under MAS:

- Bug Buster headlice detection and eradication kit (1)

### Wound Management Products

- *Melolin*<sup>®</sup>
- *Micropore*<sup>®</sup>
- *Mepore*
- Elasticated Tubular Bandage

# PART 3

## Summary of Preparations in Alphabetical Order

- Aciclovir cream 5% (2g)  
*Algesal*<sup>®</sup> (50g, 100g)  
Antazoline 0.5%/Xylometazoline 0.05% Eye Drops (*Otrivine Antistin*<sup>®</sup>) (10ml)  
*Anusol Plus HC*<sup>®</sup> Ointment (15 g)  
*Anusol Plus HC*<sup>®</sup> Suppositories (12)  
*Anusol*<sup>®</sup> Cream (23 g)  
*Anusol*<sup>®</sup> Ointment (25 g)  
*Anusol*<sup>®</sup> Suppositories (12)  
*Balneum Plus*<sup>®</sup> (500 ml)  
Beclometasone Nasal Spray (100, 180 doses)  
Benzoyl peroxide gel 5% (endorse as *Acnecide*<sup>®</sup>) (30g)  
Benzzydamine oral rinse 0.15% (300 ml)  
Benzzydamine spray 0.15% (30 ml)  
*Bug Buster*<sup>®</sup> headlice detection and eradication kit (1)  
*Canester*<sup>®</sup> Pessary 500mg ('P' version) (1)  
*Capasal*<sup>®</sup> shampoo (250 ml)  
Carbomer 980 (*Viscotears*<sup>®</sup>) eye drops 0.2% (10g)  
Cetirizine SF oral solution 5 mg/5 ml (200 ml)  
Cetirizine tablets 10 mg (30)  
Chloramphenicol eye drops 0.5% (10ml)  
Chlorehexidine mouthwash 0.2% (300 ml)  
Chlorphenamine syrup 2 mg/5 ml (150 ml)  
Chlorphenamine tablets 4 mg (30)  
Choline Salicylate Dental Gel BP (*Bonjela*<sup>®</sup>) (15g)  
Clotrimazole cream 1% (20 g)  
Clotrimazole cream 1% (20 g)  
Clotrimazole vaginal cream 10% (5 g)  
Co-codamol 8/500 tablets (32)  
Co-magaldrox SF (*Maalox*<sup>®</sup>, *Mucogel*<sup>®</sup>) 195/220 Suspension (500 ml)  
Compound alginic acid preparations  
*Conotrane*<sup>®</sup> Cream (100g, 500g)  
Crotamiton (*Eurax*<sup>®</sup>) Cream (30g, 100g)  
Dimeticone 4% Lotion (*Hedrin*<sup>®</sup>) (50ml, 150ml)  
*Doublebase*<sup>®</sup> Emollient Shower Gel (200ml)  
*Doublebase*<sup>®</sup> gel (100g, 500g)  
*EarCalm*<sup>®</sup> spray ( 5ml)  
Elasticated Tubular Bandage  
Fluconazole 150mg Capsules (1) - for vaginal candidiasis only)  
Fluticasone Nasal Spray (2nd line) (60 doses)  
*Gaviscon Advance*<sup>®</sup> Tablets (60)  
Glycerin 1g Supps (Infant) (12)  
Glycerin 2g Supps (Child) (12)  
Glycerin 4g Supps (Adult) (12)  
Hydrocortisone 2.5mg muco-adhesive buccal tablets (20)  
Hydrocortisone cream 1% (15 g)  
Hypromellose eye drops 0.3% (prescribe as *Lumecare*<sup>®</sup> brand) (10 ml)  
Ibuprofen gel 5% (50g,100g)  
Ibuprofen SF suspension 100 mg/5 ml (100ml,150 ml)  
Ibuprofen tablets 200 mg (24)  
Ibuprofen tablets 400 mg (24)  
Ispaghula Husk 3.4g/3.5 g sachet (30)  
Ketoconazole shampoo 2% (60ml, 100 ml)  
Lactulose solution (300 ml)  
Lidocaine Teething Gel (eg *Bonjela*<sup>®</sup> Teething Gel, *Calgel Teething Gel*<sup>®</sup> prescribed by non-blacklisted brand name) (10g)  
Liquid Paraffin Eye Ointment (*Lacri-Lube*<sup>®</sup>) (3.5g / 5g)  
Loperamide capsules 2 mg (8, 12)  
Loratadine 10mg Tablets (7)  
Loratadine 5mg/5ml oral solution (100ml)  
Magnesium Sulphate Paste (25g,50g)  
Malathion aqueous liquid 0.5% (50 ml, 200 ml)  
Mebendazole tablets 100 mg (1, 2)  
Mebendazole tablets 100 mg (Family Pack) (4, 8)  
*Melolin*<sup>®</sup>  
Menthol Crystals (5 g)  
*Mepore*<sup>®</sup>  
Miconazole cream 2% (30g)  
Miconazole oral gel 24 mg/ml (15 g)  
Miconazole Spray Powder (*Daktarin*<sup>®</sup> Aktiv Spray Powder) (100g)(7.5g)  
*Micropore*<sup>®</sup>  
*Neutrogena T/Gel*<sup>®</sup> Therapeutic shampoo (125ml)  
*Occlusal*<sup>®</sup> Application (10 ml)  
*Oilatum*<sup>®</sup> Emollient (250 ml, 500 ml)  
Olive Oil Ear Drops (10ml)  
Oral Rehydration Salts (6, 20 sachets)  
Paracetamol oral suspension SF 120mg/5mL (100 ml, 200ml)  
Paracetamol oral suspension SF 250mg/5mL, 200ml)  
Paracetamol tablets 500mg (32)  
*Peptac*<sup>®</sup> Liquid (500ml)  
Permethrin dermal cream 5% (30 g)  
*Polytar*<sup>®</sup> Scalp Shampoo (150ml)  
Potassium Citrate Sachets (*Cystopurin*<sup>®</sup>) (6)  
Pseudoephedrine 30mg/5ml Oral Solution (100ml)  
Pseudoephedrine 60mg Tablets (12)  
Ranitidine tablets 75mg (6, 12)  
*Salactol*<sup>®</sup> Paint (10ml)  
*Salatac*<sup>®</sup> gel (8g)  
Senna syrup 7.5mg/5ml (100ml)  
Senna tablets 7.5 mg (30)  
Simeticone liquid 40 mg/ml (50 ml)  
Simple Paediatric SF Linctus (up to 200ml)  
Simple SF Linctus (200ml)  
Sodium bicarbonate ear drops 5% (10ml)  
Sodium Chloride Nasal Drops 0.9% (10ml)  
Sodium Citrate Sachets (*Cymalon*<sup>®</sup>) (6)  
Sodium cromoglicate eye drops 2% (5ml/10 ml)  
Terbinafine Cream  
*Ultrabase*<sup>®</sup> cream (50g, 500g)  
Xylometazoline 0.05% Paediatric Nasal Drops (10ml)  
Xylometazoline nasal drops 0.1% (10 ml)  
Xylometazoline nasal spray 0.1% (10 ml)  
*Zerobase*<sup>®</sup> cream (50g, 500g)  
*Zerocream*<sup>®</sup> cream (50g, 500g)  
*Zeroderm*<sup>®</sup> ointment (125g, 500g)