




1% HYDROCORTISONE CREAM USE

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- In dermatology, we use 1% HC in many ways.
 - It is useful in mild atopic eczema, insect bites and contact allergies.
 - It is safe to use on the face for short lengths of time and will not cause skin thinning if used correctly. Pharmacists are NOT able to prescribe for facial use at present.

The background of the slide features a collage of images. On the left, there is a large, clear glass bottle with a stopper. Below it, a smaller, amber-colored glass bottle is visible. At the bottom left, a small, rectangular box with a red and yellow label is partially shown. The right side of the slide has a solid blue background with white text.

How can I identify these?

- Atopic eczema
- Insect bites
- Contact allergy



What to ask

- How long have you had this?
- What do you think has caused this?
- Have you had this before?
- What other questions are important?



Differential diagnoses

- The following photographs contain skin conditions which will benefit from use of 1% hydrocortisone cream.
- There are also some photographs of skin conditions in which 1% HC should not be used – either because it is ineffective, or because it will make the condition worse
- See if you can identify which is which

Flea bites



Acne



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Chicken pox



Lyme disease



Bowens disease



Mild atopic eczema



Infected eczema



Candidal intertrigo



Cellulitis



Herpes simplex (cold sore)



Herpes zoster (shingles)



Bowens disease



What is this?



Tinea



Tinea incognita



Tinea incognita



Tinea incognita



Psoriasis



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Contact allergy ?



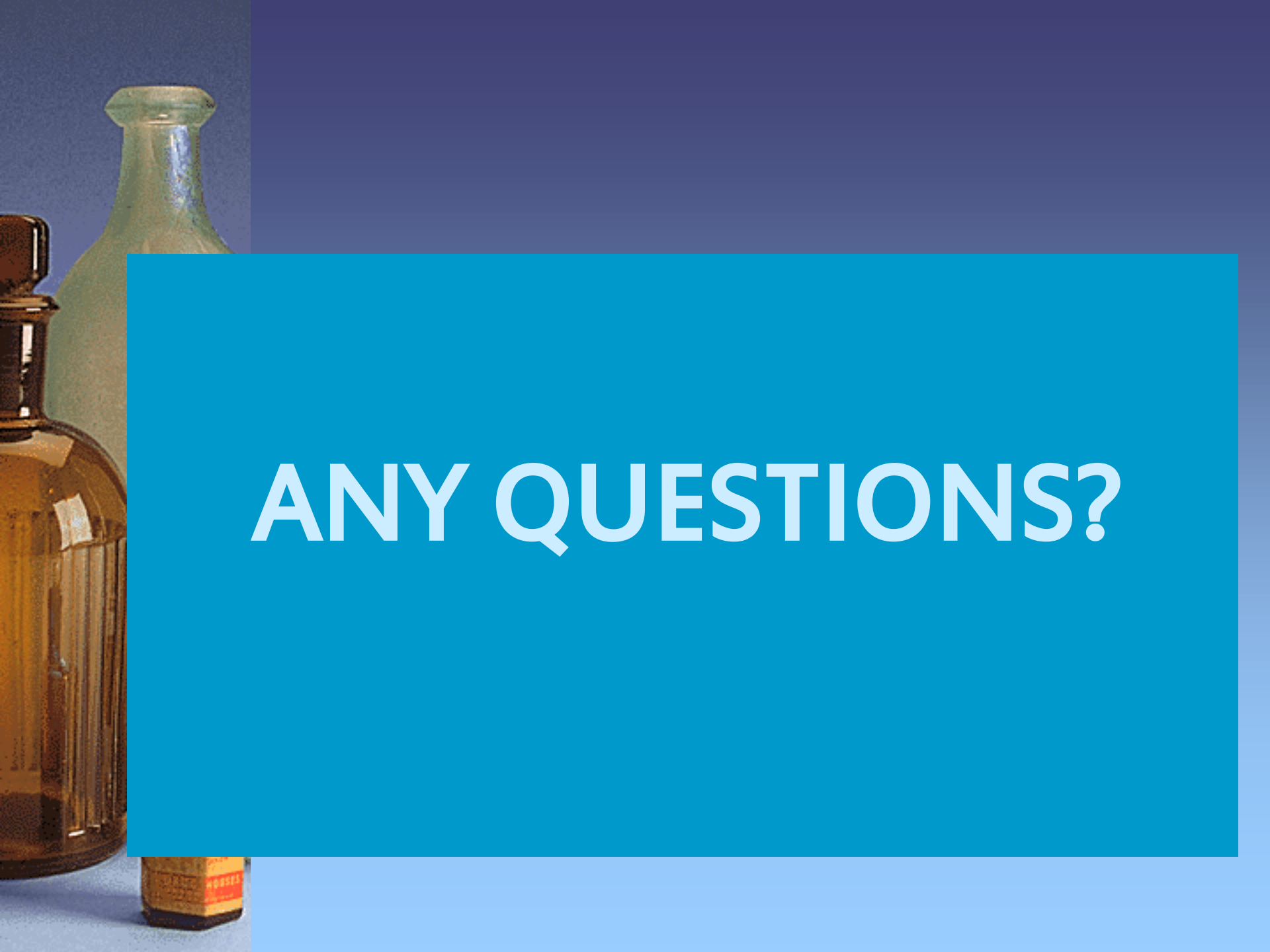
Contact allergy to.....?



The background of the slide features a collage of medical-related items. On the left, there is a large, clear glass bottle with a stopper. Below it, a smaller, amber-colored glass bottle is visible. At the bottom left, a small white box with red and yellow labeling is partially shown. The right side of the slide has a solid blue gradient background.

Useful Websites

- www.pcds.org.uk
- www.dermnetnz.org
- www.dermatology.nhs.scot

The background of the slide is a blue gradient. On the left side, there are several glass bottles. A large, clear glass bottle with a stopper is visible in the upper left. Below it, a smaller, amber-colored bottle with a stopper is partially visible. At the bottom left, there is a small, dark bottle with a yellow label that has the word "HOSSES" visible. A large, solid blue rectangle covers the right two-thirds of the slide, serving as a background for the text.

ANY QUESTIONS?